





الهيئة العامة لشئون ذوي الاعاقة Public Authority for Disability Affairs

# دليل الكويت للإعاقة 2025

# KUWAIT DISABILITY INDEX 2025







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إن اهتمـام دولـة الكويـت بالإنسـان لـم يكـن وليـد لحظـة الحاضـر، بـل هـو نهـج وطنـي راسـخ حرصـت عليـه قيادتنـا الحكيمـة منـذ عقـود طويلـة، وجـاء بتـدرج طبيعـي مـن رحـم مجتمـع، كان التكافـل والترابـط بيـن مكوناتـه، وسـيظل، عنوانـاً لـه. وفـي قائمـة أولويـات هـذا النهـج، تتصـدر غايـة الإعتـراف غيـر المشـروط بحقـوق الأشـخاص ذوي الإعاقـة، وغايـة دعمهـم وتمكينهـم فـي كافـة جوانـب الحياة.

ولقـد كانـت الكويـت، بفضـل رؤيـة قادتهـا وعطـاء أبنائهـا، مـن الـدول السـباقة فـي المنطقـة بإرسـاء القواعـد التشـريعية والإجتماعيـة الشـاملة لضمـان الحيـاة الكريمـة والمشاركة الفاعلة لهذه الفئة العزيزة من أبناء الوطن في بنائه وتنميته.

واليـوم نعتـز بإصـدار هـذا الدليـل الإرشـادي الشـامل، الـذي تـم تطويـره بالتعـاون مـع نخبــة مــن خبــراء المنظمــات الأمميــة، منظمــة الأمــم المتحــدة ومنظمــة الصحــة العالميــة، والهيئــة العامــة لشــئون ذوي الإعاقــة، ووزارة الصحــة، ليشــكل مرجعًــا وطنيًا موحدًا لجميع العاملين والمهتمين بمجال تقييم وتصنيف الإعاقات.

إن إصـدار هـذا الدليـل يعكـس إيماننـا العميـق بحـق كل إنسـان فـي الحصـول علـى فـرص متسـاوية فـي الرعايــة الصحيــة والتعليــم والعمــل والمشــاركة المجتمعيــة دون أي تمييز أو عقبات.

ونؤكــد مجــددًا علــى أن الإلتــزام بحقــوق الأشـخاص ذوي الإعاقــة لا يتوقــف عنــد إصـدار القوانيــن والتشـريعات، بــل يســتمر ويتعــزز بممارســات يوميــة تضمــن لهــم حيــاة مســتقرة وآمنــة، وبيئـة اجتماعيــة دامجــة، تحقـق مبـادئ العدالـة والمسـاواة وتكافــؤ الفـرص، انســجامًا مـع رؤيــة الكويـت التنمويــة، وتماشــيًا مـع اسـتراتيجية الأمم المتحدة لإدماج الأشخاص ذوي الإعاقة.

ختامًا، نؤكـد بـأن دعمنـا لقضايـا الأشـخاص ذوي الإعاقـة ليـس مجـرد واجـب وطنـي فحسـب، بـل هـو رسـالة إنسـانية وحضاريـة نؤمـن بهـا ونلتـزم بترجمتهـا علـى أرض الواقـع، لأن بنـاء الأوطـان لا يكـون إلا ببنـاء الإنسـان، ولـكل أبنـاء الكويـت حقـوق متسـاوية فـي العيـش الكريـم، والمسـتقبل الآمـن، والمسـاهمة فـي مسـيرة التنميـة والتقدم.

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تمــت صياغــة المعاييــر الخاصــة بالإعاقــة فــي دولــة الكويــت بالتعـاون مـع خبـراء مـن منظمـة الأمـم المتحــدة فـي عـام 2015، ومراجعتهـا مـع رؤسـاء اللجـان الطبيـة فـي الهيئـة العامـة لشـئون ذوي الإعاقة والأطباء العاملين في وزارة الصحة.

وقــد بــدأ العمــل بالمعاييــر المعتمــدة فــي جميــع لجــان الهيئة(الطبيــة والفنيــة العليــا والتظلمات)منـــذ 2015 وحتــى تاريخه.

وتــم ترتيــب وإعــادة صياغــة المعاييــر بحيــث تكــون دليــل إرشـادي معتمد لكل العاملين والمهتمين في مجال الإعاقة.

## مقدمة

يعتب إصدار «دليل الكويت للإعاقـة 2025» صفحةً جديدةً مضيئة في سـجلّ دولــة الكويــت الإنســاني، بوصفــه الإصــدارَ الوطنــي المُحــدَّث لتقييــم الإعاقــة، بعــد ســنوات مــن الخبــرة والمراجعــات العلميــة المبنيــة علــى أحــدث المعاييــر الدوليــة، وثمــرة شــراكة مهنيــة بيــن خبــراء كويتييــن وخبراء أمميين من منظمة الأمم المتحدة ومنظمة الصحة العالمية.

تعــود ريــادة دولــة الكويــت فــي رعايــة الأشــخاص ذوي الإعاقــة إلــى ســتينيات القـرن الماضـي، حيـث أُنشـئت المـدارس المتخصصـة للمكفوفيـن والصـم وذوي الإعاقــات الذهنيــة، كمــا أُنشــئت مراكــز طبيــة واجتماعيــة خاصـة لرعايـة الأشـخاص ذوي الإعاقـات الشـديدة تحـت رعايـة وزارة الشـؤون الإجتماعية سواء بنظام الرعاية النهارية أو الإيوائية الكاملة.

واســتكمالاً لتلــك الريــادة، ولتعزيــز حمايــة حقــوق الأشــخاص ذوي الإعاقــة، وتماشـيًا مـع ميثــاق الأمــم المتحــدة لعــام 1961 وإعــلان الأمــم المتحــدة بشــأن حقــوق الأشــخاص ذوي الإعاقــة، فقــد توجــت تلــك الجهــود بمنظومــة تشريعية رائدة مع صدور القانون رقم (8) لعام 2010.

وبصــدور هــذا القانــون، اســتُبدل المجلــس الأعلــى للأشــخاص ذوي الإعاقة-القائـم آنـذاك-، بالهيئة العامة لشـئون ذوي الإعاقـة (PADA). وتختص الهيئـة بإقـرار السياسـات العامـة لرعايـة الأشـخاص ذوي الإعاقـة، ومتابعـة تنفيذهـا، ووضـع اللوائـح، وتحديـد الإجـراءات المتعلقـة بتطبيـق قوانيـن الدولــة لتقديــم الخدمـات للأشـخاص ذوي الإعاقـة. ويضـم المجلــس الإستشـاري فــي PADA ممثليــن عــن مختلـف جمعيـات النفـع العـام المعنيــة بالإعاقـة كأعضـاء، ويشـاركون فــي عمليـات صنـع القـرارات المتعلقة بالأشخاص ذوي الإعاقة.

وتقـدم الهيئـة تقييمًـا متخصصـاً لأي فـرد يتقـدم بطلـب للحصـول علـى تشـخيص للحالــة مــن خــلال لجانهـا الطبيــة المتخصصــة، التــي تُقيّــم مختلـف أنــواع الإعاقـات مهنيًـا باســتخدام المعاييـر والمقاييـس الدوليــة المعتمـدة، مـع مراعـاة القوانيـن المحليــة فـي الدولــة، كمـا تُسـهّل جمـع ونشـر البيانـات والمعلومـات المتعلقــة بالإعاقــة، لإســتخدامها فـي رســم الإستراتيجيات وتطبيق البرامج المختلفة.

فــي دولــة الكويـت، واســتناداً إلــي القانــون سـابق الذكـر، وإلــي الأدوار المناطــة بالهيئــة العامــة لشــئون ذوي الإعاقــة، يتمتــع الأشــخاص ذوو الإعاقــات المختلفة بـذات مسـتوى وجـودة الرعايـة الصحيـة والتعليميـة المجانيـة المتاحــة لغيرهـم. وقـد طُبقـت سياسـات الشـمول فـي الكويـت منــذ عقـود عديــدة، وتمــت مراجعتهــا وتحسـينها وفــق إرشــادات اســتراتيجيات إدمــاج الأشـخاص ذوي الإعاقــة فــي قطاعــات الصحــة والتعليــم والعمــل، فــي ضـوء توصيـات الأمـم المتحـدة لإدمـاج الأشـخاص ذوى الإعاقـة (UNDIS). حيـث تتوفـر لجميــع المرضــى، دون اســتثناء، إمكانيــة الوصــول بســهولة ويســر إلــى الخدمات الطبيـة المجانيـة. ويشـمل ذلـك خدمـات الطـوارئ، وعيـادات طـب الأسـرة، وخدمـات المستشـفيات العامـة والتخصصيـة، ومعـدات إعـادة التأهيـل والأجهزة التعويضية، كما تتوفر علاجات طبية حديثة كعلاجات الاضطرابـــات الوراثيـــة. وتُعطـــى الأولويـــة فـــي خدمــات التقييـــم والرعايـــة للمرضـى مـن ذوي الإعاقــة فــي جميـع المستشـفيات والعيـادات. كمـا يُقـدم الدعـم الاجتماعـي، بمـا فـي ذلـك برامـج الخدمـات النفسـية والإجتماعيـة، والزيــارات الطبيــة والتمريضيــة المنزليــة، والأولويــة فـــي التوظيــف، والمساعدات المالية، والتسهيلات في بيئة العمل بموجب القانون.

## دليل الكويت للإعاقة 2025 ...

لا يكتف ي الدليــل المحــدث الــذي تصـدره دولــة الكويــت اليــوم بتصنيـف الأمـراض ونِسَـب العجـز فحسـب، بـل يربـط التشـخيص بالقـدرة الفعليـة علـى التعلّـم والعمـل والمشـاركة المجتمعيـة، انسـجامًا مـع نهـج منظمـة الصحـة العالميـة واسـتراتيجية الأمـم المتحـدة لإدمـاج الأشـخاص ذوي الإعاقـة. إنّـه خارطـة طريـق تدعـو مؤسسـات الدولـة علـى اختلافهـا إلـى الانتقـال مـن منطـق الرعايـة إلـى منطـق التمكيـن، عبـر خلـق بيئـةٍ دامجـة، وبنيـةٍ تحتيـةٍ مُهيَأة، وفرص عمل عادلة، وتقنياتٍ مسانِدةٍ متطورة.

وإذ تطلـق دولـة الكويـت هـذا المرجـع الوطنـي، فإنهـا تجـدّد عهدهـا لأبنائهـا مــن ذوي الإعاقــة بــأن يظــلّ الوطــن منصّــةً لحمايــة حقوقهــم وانطــلاق مواهبهـم، وأن يتحـوّل الدليـل إلـى جسـر يصلهـم بكافـة أوجـه الرعايـة التـي يســتحقونها. كمــا تؤكــد التزامهـا الراســخ بتحقيــق أهــداف التنميــة المسـتدامة، وعـدم تـرك أحـدٍ خلـف الركـب، مسـتلهمةً بدسـتورها الـذي كفـل الكرامة والعدالة لكلّ إنسانٍ على هذه الأرض الطيبة.

## Introduction

The publication of the "Kuwait Disability Index 2025" marks a new, bright page in the State of Kuwait's humanitarian record. It is the updated national version of disability assessment, following years of experience and scientific reviews based on the latest international standards. It is the product of a professional partnership between Kuwaiti experts and international experts from the United Nations and the World Health Organization.

Kuwait's leadership in caring for people with disabilities dates back to the 1960s, when specialized schools were established for the blind, deaf, and those with mental disabilities. Specialized medical and social centers were also established under the auspices of the Ministry of Social Affairs to care for people with severe disabilities, providing both day care and full residential care.

In continuation of this leadership, and to enhance the protection of the rights of persons with disabilities, and in line with the United Nations Charter of 1961 and the United Nations Declaration on the Rights of Persons with Disabilities, these efforts culminated in a pioneering legislative system with the issuance of Law No. (8) of 2010.

With the issuance of this law, the then-existing Higher Council for Persons with Disabilities was replaced by the Public Authority for Persons with Disabilities Affairs (PADA). The Authority is responsible for approving general policies for the care of individuals with disabilities, monitoring their implementation, drafting regulations, and determining procedures related to implementing State laws for providing services to individuals with disabilities. PADA's Advisory Council includes representatives from various NGOs concerned with disability as members, and they participate in decision-making processes related to individuals with disabilities.

The Authority provides a specialized assessment for any individual who applies for a diagnosis through its specialized medical committees, which professionally evaluate various types of disabilities using approved international standards and criteria, while taking into account the country's local laws. It also facilitates the collection and dissemination of data and information related to disability, for use in formulating strategies and implementing various programs.

In the State of Kuwait, based on the aforementioned law and the roles assigned to the Public Authority for Disabled Affairs, persons with various disabilities enjoy the same level and quality of free healthcare and education available to others. Inclusion policies in Kuwait have been implemented for decades and have been reviewed and improved in accordance with the guidelines of the Strategies for the Inclusion of Persons with Disabilities in the Health, Education, and Work Sectors, in light of the United Nations Disability Inclusion Recommendations (UNDIS). All patients, without exception, have easy and convenient access to free medical services. This includes emergency services, family medicine clinics, general and specialized hospital services, rehabilitation equipment and prosthetic devices, and modern medical treatments, such as those for genetic disorders. Priority is given to assessment and care services for patients with disabilities in all hospitals and clinics. Social support is also provided, including psychosocial services programs, home medical and nursing visits, priority in employment, financial assistance, and accommodations in the work environment, as stipulated by law.

### Kuwait Disability Guide 2025...

The updated guide, issued today by the State of Kuwait, not only classifies diseases and disability rates, but also links diagnosis to actual ability to learn, work, and participate in society, in line with the approach of the World Health Organization and the United Nations Strategy for the Inclusion of Persons with Disabilities. It is a roadmap calling on various state institutions to move from a logic of care to one of empowerment, by creating an inclusive environment, enabling infrastructure, equitable employment opportunities, and advanced assistive technologies.



As the State of Kuwait launches this national reference, it renews its pledge to its people with disabilities that the nation will remain a platform for protecting their rights and unleashing their abilities, and that the Index will become a bridge connecting them to all aspects of the care they deserve. It also affirms its unwavering commitment to achieving the Sustainable Development Goals and leaving no one behind, inspired by its Constitution, which guarantees dignity and justice for every human being on this blessed land.

## التعاريف:

## 1. المرض

يُعـرِّف بأنـه حالـة غيـر طبيعيـة تُهاجـم بنيـة أو وظيفـة جـزء مـن الجسـم أو الجسـم كلـه، ولهـا سـبب وعلامـات وأعـراض محـددة، وقـد يكـون المـرض حـادًا أو مزمنًـا، وقـد تكـون لـه آثـار متبقيـة مختلفة على الجسم.

## 2. اعتلال

ضعــف، أي فقــدان أو خلــل فــي البنيــة، أو الوظيفــة النفســية أو الفسيولوجية أو التشريحية، ناتج عن مرض مكتسب أو وراثي.

## 3. الإعاقة

فقــدان أو خلــل فــي البنيــة التكوينيــة أو الفسـيولوجية للجسـم يــؤدي (بعـد اسـتكمال العـلاج والتأهيـل) إلــى تقييــد أو نقـص فـي القـدرة علــى أداء نشــاط بالطريقــة أو ضمــن النطـاق الــذي يُعتبـر طبيعيًـا للإنسـان، وتقيــم الإعاقــة باســتخدام مقاييــس معياريــة معتمدة عالميا.

مـــن المهـــم ملاحظـــة أن الإصابـــة بمرض/تشــخيص مـــا لا يعنـــي بالضرورة الإعاقة.

## الفئات المستهدفة فى التقييم

1. المرضـى الذيـن تتـراوح أعمارهـم بيـن 2–65 عامًـا والذيـن يعانـون مـن إعاقـة بدنيـة جسـدية أو عقليـة دائمـة (لأكثـر مـن عـام) تُعيـق قدرتهـم علـى ممارسـة نشـاط حياتـي يُعتبـر طبيعيًـا لإنسـان ضمن فئتهم العمرية.

2. المرضـى الذيــن اســتقرت حالاتهــم بعــد تلقــي العـلاج والتأهيــل (أي غيــر الخاضعيــن لعــلاج لحالــة حــادة أو نشــطة، كالســرطان، أو ضحايا الحوادث أو الأمراض الحادة).

ملاحظة:

-تحديـد الفئـات العمريـة بالنسـبة للأطفـال أقـل مـن عاميـن يرجـع الـي عـدم اسـتقرار الحـالات فـي الطفولـة المبكـرة وخضوعهـا لعـلاج جراحـي قـد يـؤدي إلـى تصحيحهـا تمامـا أو بدرجـة كبيـرة قـد تغيـر من الحالة المرضية للطفل.

-أما فئـة كبـار السـن فترجـع إلـى التطـور الطبيعـي لهـذه الفئـة العمريـة مـن ناحيـة الإصابـة بالأمـراض المزمنـة و التـي تبلـغ نسـبتها فـي أغلـب المجتمعـات أكثـر مـن 80% مـن السـكان فـي عمـر مـا فـوق 60 عـام، (وخـروج هـذه الفئـة وحسـب قوانيـن العمـل المعمـول بهـا فـي أغلـب دول العالـم) مـن مجـال الإنتـاج والعمـل، وفـي نفـس الوقـت فإنـه يتـم شـمول هـذه الفئـة مـن السـكان بقوانيـن التقاعـد ، والتأمينـات الاجتماعيـة ومظـلات الرعايـة الاجتماعيـة والصحيـة فـي الدولـة (مثـل إدارة رعايـة المسـنين حيـث توفـر الرعايـة الطبيـة والاجتماعيـة المؤسسية وكذلـك المنزلية مـع دعـم المسـن المعـوز ماديـا وتوفيـر الرعايـة الطبيـة المنزلية دوريا لهم).

## اعتبارات عامة أثناء التقييم

يجــب مراعــاة النقــاط التاليــة عنــد تقييــم الأشــخاص ذوي الإعاقات المحتملة:

1. ما هو التشخيص؟

2. هــل لدينــا أدلــة داعمــة للتشــخيص (فحــص ســريري، فحوصات، إلخ) ؟

3. هــل للتشــخيص آثــار دائمــة؟ أم أنــه مؤقت/متغيــر فــي الأعراض؟

4. مـا هـي شـدة/تأثير الإعاقـة علـى الحيـاة اليوميـة، والقـدرة التعليمية، والقدرة على العمل؟

5. هل هناك إمكانية لإعادة التأهيل؟

6. توقيــت التقييــم، هــل خصصنــا وقتّــا مناســبًا للعــلاج أو إعــادة التأهيــل لــكل حالــة؟ (بعــد عــام واحــد مــن ظهــور المرض.)

7. مـا هـو الدعـم المطلـوب لـكل مريـض؟ "لا يوجـد مقـاس واحــد يناسـب الجميــع"، مثــل ســماعة أذن، لوحــة سـيارة، كرسي متحرك، إلخ.

## Definitions

### 1. Disease

It is defined as an abnormal condition that attacks the structure or function of part or all of the body, with a cause and specific signs and symptoms. Disease may be acute or chronic and may have different residual effects on the body.

### 2. Impairment

Any loss or abnormality of psychological, physiological, or anatomical structure or function that results from an acquired or genetic disease.

### 3. Disability

Any restriction or lack of (resulting from an impairment) ability to perform an activity in the manner or within the range considered normal for a human being. One must rate the disability using standard scales.

It should be noted that having a Disease/Diagnosis does not always result in Disability.

## **Target Population**

- 1. Patients between 2-65 years of age who are suffering from permanent physical or mental impairment (more than one year) restrict their ability to perform a normal activity considered normal for a human being of their age group.
- 2. Patients with stable conditions after receiving treatment and rehabilitation (i.e., not under treatment for an acute or active condition e.g., Cancer, victims of accidents, or acute Strokes, M.I.etc.

## **General Considerations During Assessment**

The following points must be kept in mind when assessing people with possible disability:

- 1. What is the diagnosis?
- 2. Do we have supporting evidence for the diagnosis (clinical exam, investigations ... etc)?
- 3. Does the diagnosis have permanent consequences, or is temporary/variable in presentation?
- 4. What is the severity / Impact of Disability on daily living, educational ability, and work ability?
- 5. Is there a potential for rehabilitation?
- 6. Timing of assessment, did we allow proper time for treatment or rehabilitation for each condition? (one year after onset of disease)
- 7. What support is needed for each patient? "One size does not fit all," e.g., hearing aid, car plate, wheelchair, etc.

## 1. Intellectual Cognitive Impairment of Children and Adults

Cognitive impairments of children and adults require documentation of a medically determinable diagnosis and impairments that lead to limitations of individuals' ability to interact, learn, work, and communicate that are expected to last more than a year

### a) In children:

Intellectual disability is a condition that limits intelligence and disrupts abilities necessary for learning, living, and developing independently. The sign of this lifelong condition usually appears during childhood, and the child has certain limitations in cognitive functioning and skills, including conceptual, social, and practical skills, such as language and self-care skills. These limitations may cause a child to develop more slowly or differently than a typically developing child.

Some causes of intellectual disability such as Down syndrome, Fragile X syndrome, birth defects and intrauterine infections can happen before birth and some happen while a baby is born or soon after birth (e, g cerebral palsy) Other causes of intellectual disability do not occur until the child is older, these may include head injuries, infections, toxic exposure

After establishing the diagnosis/cause of the condition, children with intellectual disability can be assessed using different scales such as DSM-5, approved IQ scales, WISC, Stanford-Binet test, and Developmental scale

## b) In Adults:

Cognitive disabilities in adults (less than 65 years) may result from brain injuries, stroke, infections, metabolic disorders, Alzheimer's disease, and other dementias associated with multiple neurological disorders. These disorders may result in memory loss, trouble in concentrating, communicating, understanding, following instructions, solving problems, or completing tasks, including self-care and walking, compared to individuals in their age groups. Scales used to assess these individuals include MMS, MOCA



## 2. Psychological Disability

Psychological or psychiatric mental disorders evaluation requires the documentation of psychological or behavioral like Schizophrenia, Autistic disorders, Anxiety, Depression, Bipolar disorder, that led to functional loss or limitations that make an individual incapable of gainful daily activity. This should be supported with a medical record of the disease from a specialized hospital

### The Assessment of Diagnosis based

- If the symptoms are uncontrolled on 3 medications with < 2 admissions/year
  Mild
- If symptoms uncontrolled on medications & admissions (> 2/yr) & unstable socially, loosing job) Moderate
- If symptoms are Uncontrolled with Multiple admissions & aggressive behavior, negative symptoms, or suicidal attempts Severe



### Figure (1)





### Figure (2)



## Wechsler Adult Scale of Intelligence Fourth Edition (WAIS-IV) Record Form

Name:	Sex	- 3666	Year	Month	Dey
Grade/Highest education:		Date of testing			
Date of examination:		Cale of birth			
Examiner:		Age of testing			

Total raw score to scaled score conversion

Subtext	Raw score	Scaled score					Ref. group scaled score
Block design		and the second					
Similarties							
Digit span			1		1.000		
Matrix reasoning				1.37			
Vocabulary			1		17.3		
Arthmetic			-23				
Symbol search		1711		188			
Visual puzzles		1256			1000		
Information			12	1000	23		
Coding							
Sum of scaled score	•						
		Veter	Perceptual	Municipal Contraction	Processing	ful again	

#### Sum of scaled scores to composite score conversion

Scale	Sum of scaled scores	Composite score	Percentile rank	Confidence Interva (90% or 95%)	
Verbal comprehension		VO			
Perceptual reasoning		PRI			
Working memory		WM			
Processing speed		PBI			
Full scale		FSIQ			

https://www.carepatron.com/



	Verbal		Perceptual reasoning		Working	memory	Process	ing spee	
şı	vc	N	80	MR	VP	06	AR	55	CO
			•		•	•		•	•
•		٠			٠				
٠	٠	٠		٠		•	٠	•	٠
٠	٠	٠		٠	٠	•	٠	•	٠
•	٠	٠		٠	٠	•	٠	•	٠
٠	٠	٠	•	٠	٠	•	٠	•	٠
•	•	•		٠	٠	•	٠	•	٠
٠	٠	٠	•	٠	٠	•	٠	•	٠
•	•	٠	•	٠	٠	•	٠	•	٠
٠	٠	•	•	•	٠	•	٠	•	٠
٠	•	•	•	٠	٠	•	•	•	٠
•	٠	•	•	٠	•	•	٠	•	٠
•	٠	•	•	•	•	•	•	•	•
•	•	۰		•	•		•	•	•
•	•	•			•				
•	•				•				
:		:			:				
:		:							
	VCI	,	*	,	M	,	9	R	PiQ
	+++++++++++++++++++++++++++++++++++++++								
	+								

## Figure (3)



**الإعاقة الجسدية:** يتطلب تقييم الإعاقة المتعلقة بمختلف الأمراض الجسـدية إنشـاء سـجل طبـي. ويجـب أن يوفـر السـجل تفاصيـل كافيـة عـن المـرض، وفحصـه، ومـا إذا كان الفـرد قـد تلقـى العـلاج والتأهيـل اللازميـن. كمـا يجـب أن يوفـر السـجل الطولـي المرتبـط بالوقـت معلومـات حـول التعافـي الوظيفـي أو عدمه، وطبيعة الضعف المتبقي.

وتســتخدم المقاييــس التاليــة لتقييــم الإعاقــة فــي مختلــف الأمــراض المدرجة في هذا القسم.

(المقاييس مذكورة أدناه بعد الفقرة المترجمة باللغة الانجليزية)



## 3. Physical Disability:

Assessing disability related to different physical ailments requires the establishment of a medical record. The record should provide sufficient details of the disease, its investigation, and whether the individual has received the required treatment and rehabilitation. The longitudinal (time-related) record should provide information regarding functional recovery or lack of it and the nature of residual impairment.

The following scales are used to assess disability in different diseases included in this section.

## 1. Cardiac:

Cardiovascular disease for variant pathologies can result in limitation of activity and social interaction. It can result from congenital heart disease and ischemic heart disease, and other acquired causes that may reduce the individual's function.

## Disability related to Cardiac causes can be assessed using the following scales:

using Cardiac scale based on Ejection fraction and ADL scale (normal 55 -70 %)

## \*45-55 % NONE \*30-45 % Mild \*<30% Moderate

Ejection Fraction is used with the New York Heart Association (NYHA) Functional Classification.

The most commonly used classification system, the New York Heart Association (NYHA) Functional Classification. It places patients in one of four categories based on how much they are limited during physical activity.

## **Class Patient Symptoms in NYHA**

- No limitation of physical activity. Ordinary physical activity does not cause undue fatigue, palpitation, or dyspnea (shortness of breath).

- Slight limitation of physical activity. Comfortable at rest. Ordinary physical activity results in fatigue, palpitation, and dyspnea (shortness of breath).

- Marked limitation of physical activity. Comfortable at rest. Less than ordinary activity causes fatigue, palpitation, or dyspnea.

- Unable to carry on any physical activity without discomfort. Symptoms of heart failure at rest. If any physical activity is undertaken, discomfort increases.

- a) No objective evidence of cardiovascular disease. No symptoms and no limitations in ordinary physical activity.
- b) Objective evidence of minimal cardiovascular disease. Mild symptoms and slight limitation during ordinary activity. Comfortable at rest.
- C) Objective evidence of moderately severe cardiovascular disease. Marked limitation in activity due to symptoms, even during less-than-ordinary activity. Comfortable only at rest.
- d) Objective evidence of severe cardiovascular disease. Severe limitations. Experiences symptoms even while at rest.

NYHA Class	Level of Clinical Impairment
1 1	No limitation of physical activity. Ordinary physical activity does not cause undue breathlessness, fatigue, or palpitations.
	Slight limitation of physical activity. Comfortable at rest, but ordinary physical activity results in undue breathlessness, fatigue, or palpitations.
	Marked limitation of physical activity. Comfortable at rest, but less than ordinary physical activity results in undue breathlessness, fatigue, or palpitations.
IV 😜	Unable to carry on any physical activity without discomfort. Symptoms at rest can be present. If any physical activity is undertaken, discomfort is increased.

## Figure (4)



## 2. Respiratory

Persistent respiratory symptoms from different underlying diseases can result in labored breathing, fatigue, and limitations of activity and mobility

Assessing respiratory disability can be done using PulmonaryFunction testsMild restrictionTLC < 80% > 70% of predictedModerate restrictionTLC < 70% > 60% of predictedTLC < 60% of predicted</td>Severe restriction

### or

FEVI/FVC < predicted AND FEVI < 100% > of predicted obstruction	Mild
FEVI/FVC < predicted AND FEVI <70 > 600/0 of predicted obstruction FEVI/FVC < predicted AND FEVI < 60%>50% of predicted Moderately severe obstruction	Moderate
FEVI/FVC < predicted AND FEVI < 50%>34% of predicted obstruction	Severe
EVI/FVC < predicted AND FEVI < 34% of predicted severe obstruction	very



 This definition is not without its pitfalls; for example, if a person is both a little bit obstructed and fairly restricted, the FEVI may be very low, causing you to overestimate the relative role the obstruction is playing in the overall picture of impairment.

## Lung Volumes

We define restriction (decreased lung volume) as a reduction in the total lung capacity (TLC) to values less than the 5th percentile of the predicted value for normal. For most patients, this is usually about 80% of the predicted TLC. The worse the restriction, the lower the TLC. Thus, we grade the severity of restriction as:

TLC < 80% > 70% of predicted Mild restriction TLC < 70% > 60% of predicted Moderate restriction TLC < 60% of predicted Severe restriction

- Please note: Bronchial Asthma is not included.



### 3. Renal Disease:

End-stage renal disease on Dialysis	Moderate
ESRD with Graft rejection	Mild
ESRD & Transplant	NONE

## 4. Liver Disease:

End-stage decompensated & Un-transplanted	Moderate
liver Failure	
End-stage Liver disease Transplant	NONE

## 5. Gastroenterology:

Active Inflammatory bowel disease that is **Moderate** uncontrolled despite biological treatment (with at least two relapses per year + systemic complication /year)

## 6. Diabetes Mellitus:

Disability in diabetes mellitus is related to the types of complications the individual develops due to the disease, and is assessed according to relevant scale (Visual, vascular, cardiac, renal, Neurological).



## 7. Autoimmune

e.g., Rheumatoid arthritis, SLE •

Involvement of <than 50% of joints involved or biological Mild treatment or 4 relapses/year

Involvement of > 50 % of joints (inflammation, effusion) Moderate OR with treatment, biological treatment - 2 systems involved in treatment

## 8. SLE:

More than 2 systems involved

Moderate

## 9. Genetic Disorders & Syndromes:

Disability assessment: Follow the natural history of the disease and the nature of systems involved.

## 10. Neurological:

## 1. Epilepsy:

- If isolated and controlled with 1-2 medications NONE
- If Mixed with Mental Retardation > to follow IQ test
- If uncontrolled on 3 Antiepileptic Drugs medications or Epilepsy surgery or 2 admissions/ year with status Epilepticus Moderate



### 2. Parkinson's Disease :

- Parkinson's disease is a progressive degenerative movement disorder that affects the brain and causes bradykinesia, tremor, imbalance, stiffness, in addition to many non-motor symptoms like cognitive problems, constipation, sleep and mood disorders, trouble thinking, etc.
- Although Parkinson's disease is incurable, symptoms in the early stages of the disease can improve with treatment. As the disease advances, the response will be less, and treatment-related side effects will appear.
- Other neurodegenerative diseases like Corticobasilar degeneration, progressive supranuclear palsy (PSP), Multisystem atrophy, and others present with Parkinson features in addition to other symptoms. They have no known treatment.
- It is very important to have a medical record that describes the longitudinal history of the disease symptoms, its progression, impact on daily activities, and response to treatment.
- Scales like the HOEHN and YAHR scales are used to assess the patient case

Assessment using "HOEN and YAHR": The scale is used for practical assessment:



# **HOEHN AND YAHR SCALE**

STAGE 1	STAGE 2	STAGE 3	STAGE 4	STAGE 5
Only one side of the body is affected	Symptoms affect both sides of the body	Balance and stability become affected	Symptoms increase, however are able to stand and walk	Assistance is required for everyday activities
	K	K		

Stage3 - Mild Stage 4-5 - moderate

Figure (5)



## 3. Multiple Sclerosis:

- Medical record of disease symptoms, signs, and investigation that support the diagnosis of MS
- Details of relapses and disease-modifying treatment received should be available during assessment use

## **EDSS scale with ADL**

EDSS	3-4	Mild
EDDS	5-6	Moderate
EDDS	> 6	Severe
EDDS	(Expanded	Disability Scale)





## 4. CIDP & Neuropathy:

Chronic Inflammatory Demyelinating neuropathy is an acquired autoimmune disease of the peripheral nervous system characterized by progressive weakness and impaired sensory function in the legs and arms. About 90% of patients improve with treatment, with a 50% relapse rate.

Peripheral neuropathy refers to damage to nerves that may affect sensation, movement, or organ function. It can result from infections, metabolic problems like Diabetes mellitus, inherited disorders, or exposure to toxins. One of the most common causes is diabetes.

When assessing disability related to peripheral nerves (CIDP or Neuropathy), medical records of the underlying causes, symptoms, and signs of the disease should be available.

However, in some individuals, permanent nerve damage may happen and result in disability assessment, including ADL

walks using a caneMildwalks using ZimmermanModerateuse wheelchairSevere


### 5. Myasthenia Gravis:

It is a long-term neuromuscular junction disorder that leads to variable muscle weakness, which can result in double vision, difficulties in talking, walking, swallowing, and breathing. Medical records should include symptoms, medications given, like acetylcholine receptor inhibitors, steroids, immunosuppressants, and surgical procedures done (thymectomy), and plasma. The patient's response to treatment and the presence of residual symptoms should be clarified

(Not Ocular) Generalized MG Symptomatic+2 Moderate relapses/year with impact on ADL despite best medical treatment

### 6. Pain:

Pain from various disorders can result in limitations of activities, especially when it's chronic pain lasting more than 6 months and fails to respond to pain medication. Medical records of the underlying cause of chronic pain should be available, with a description of the nature of medications or procedures used to control pain.

More than 2 spinal surgery operations and Mild a failed back surgery, which symptoms limit their daily activity

Patients using spinal cord stimulators and Moderate implanted pain modulation pumps, and/or chronic use of restricted opioids in formal medical reports



### Motor disability

Motor disability is the partial or total loss of function of a body part, usually a limb or limbs.

This may result in muscle weakness, poor stamina, lack of muscle control, or total paralysis. It may result from many disorders like trauma, amputation, cerebral palsy, hemiplegia, or congenital anomalies.

Motor disability can impair access to public places, transportation, and affect daily activities, significantly limiting the mobility and independence of individuals.



الإعاقة الحركية:

الإعاقـة الحركيـة عبـارة عـن عـدم قـدرة الشـخص علـى الحركـة والنشـاط الحيـوي، أي عـدم قدرتـه علـى الحركـة كليـا أو جزئيـا لأسـباب مختلفـة تختلـف فـي حدتهـا وأعراضهـا، فقـد تنتـج الإعاقـة الحركيـة عـن أمـراض وراثيـة أو مكتسـبة كإصابـات الجهـاز العصبـي نتيجـة الحـوادث، أو الجلطـات الدماغيـة، أو نقـص الأكسـجين لـدى الأطفـال فـي حـالات الشـلل الدماغـي، أو أمـراض فـي الجهـاز الحركـي الهيكلـي، أو العظـام والمفاصـل، والإعاقـة الحركيـة تفـرض حـدود علـى إمكانـات وقـدرات الفـرد فـي ممارسـة النشـاط

والإعاقـة الحركيـة لـدى الأطفـال تؤثـر علـى نموهـم الجسـدي واكتسـابهم المهـارات التنمويـة المختلفـة بصـورة كبيـرة، وعلـى ممارسـتهم اللعـب، والرياضـة، والاندمـاج فـي النظـام التعليمـي بنشـاطاته المختلفـة مـع الأطفال الأصحاء في نفس فئتهم العمرية.

أمـا لـدى البالغيـن، فـإن أسـباب الإعاقـة الحركيـة تصيـب الفـرد المكتمـل النمـو والمهـارات نتيجـة أسـباب مختلفـة، منهـا أمـراض تؤثـر علـى تحكـم الجهـاز العصبـي فـي حركـة الجسـم أو أمـراض عضليـة، أو إصابـات وحـوادث تؤثر على الأطراف تتسبب في فقد الأطراف أو فقدان حركتها.

### 1. Cerebral Palsy and Global Development Delay conditions, evaluated according to Gross Motor Function Classification System (GMFCS) (tables attached)

Disability	GMFCS
Mild	GMFCS 1
Moderate	GMFCS 2-3
Sever	GMFCS 4-5

#### 2. Obstetric Brachial Plexus Palsy (OBPP)

From Birth to 1 year, the disability will be issued up to the age of two years only, then permanent disability is issued after the age of 2. This is evaluated using the scale of Mallet score (table attached)

Disability	Mallet Score and Lesion		
Mild	Mallet Score 15- 20 in Upper/Ex- tended Lesion, i.e., (C5,6 - C5,6,7) Mallet Score < 15 in Upper/Extend- ed Lesion, i.e., (C5,6 - C5,6,7)		
Moderate			
Sever	Complete OBPP (C5-T1)		

### 3. Meningomyelocele

From Birth to 1 year, the disability will be issued up to the age of two years only, then permanent disability is issued after two years of age.

Disablity	Level
Moderate	Below L 3,4 with the ability to walk with assistance/ support
Sever	Above L3,4 with inability to walk/- wheelchair bound



# 4. Duchenne Muscular Dystrophy (DMD), Spinal Muscular Atrophy (SMA), other Dystrophinopathies

Disability	Description		
Mild	Able to walk alone with proximal weakness		
Moderate	Able to walk, frequent falls, inability to get up from the floor		
Sever	Unable to walk/wheelchair for mobility		

#### 5. Amputations (Upper Limb)

Disability	Description		
Mild	More than two finger		
Moderate	Partial hand amputation thumb amputation/		
Sever	All finger amputation/Wrist amputation, and above		

#### Lower Limb

Disability	Description			
Mild	Big Toe/Partial foot amputation			
Moderate	Below Knee Amputation			
Sever	Through knee / Above Knee Amputation			

### 6. Congenital Dislocation of The Hip in Adults

Disability	Description
Mild	Unilateral Post op with marked reduced ROM
Moderate	Bilateral DDH with limitation of ROM

### 7. Radial Club Hand

According to Heikle Classification of Radial Dysplasia. (Table attached)

Description			
Type1 Type 2 Type 2 + absent Thumb-type3/4			

Disease / Condition	Description	Disability		
Osteogenesis Imperfecta	Walker	Moderate		
j	Non Walker	Sever		
Achondroplasia	-	Moderate		
Dwarfism	< 122cm	Moderate		
LLD	5 cm After treatment	Mild		
	Pan Talar / Ankle	Mild		
Joint Fusion	Hip/knee/Hand/ Shoulder/Elbow	Moderate		
	The second second second			
Joint AVN / Arthritis Arthrogryposis CTEV Polio/Peripheral Neuropathies/ motor disability due to genetic abnormalities Post-brain tumors or trauma sequelae Other non-classified conditions	Apply; Lower Extremity Functional Scale (LEFS) Upper Extremity Functional Scale (UEFS)	61-80 No Disability 41-60 Mild 21-40 Moderate 0-20 Sever		
		的特别是可以能是		
Spinal Cord Injury	Complete Para/ Quadriplegia	Sever		



### GMFCS E & R between 12<sup>th</sup> and 18<sup>th</sup> birthday: Descriptors and illustrations











GMFCS descriptors: Palisano et al. (1997) Dev Med Child Neurol 39:214-23 CanChild: www.canchild.ca

#### GMFCS Level I

Youth walk at home, school, outdoors and in the community. Youth are able to climb curbs and stairs without physical assistance or a railing. They perform gross motor skills such as running and jumping but speed, balance and coordination are limited.

#### **GMFCS** Level II

Youth walk in most settings but environmental factors and personal choice influence mobility choices. At school or work they may require a hand held mobility device for safety and climb stairs holding onto a railing. Outdoors and in the community youth may use wheeled mobility when traveling long distances.

.....

#### **GMFCS** Level III

Youth are capable of walking using a hand-held mobility device. Youth may climb stairs holding onto a railing with supervision or assistance. At school they may self-propel a manual wheelchair or use powered mobility. Outdoors and in the community youth are transported in a wheelchair or use powered mobility.

#### **GMFCS** Level IV

Youth use wheeled mobility in most settings. Physical assistance of 1-2 people is required for transfers. Indoors, youth may walk short distances with physical assistance, use wheeled mobility or a body support walker when positioned. They may operate a powered chair, otherwise are transported in a manual wheelchair.

#### **GMFCS** Level V

Youth are transported in a manual wheelchair in all settings. Youth are limited in their ability to maintain antigravity head and trunk postures and control leg and arm movements. Self-mobility is severely limited, even with the use of assistive technology.

Illustrations Version 2 © Bill Reid, Kate Willoughby, Adrienne Harvey and Kerr Graham, The Royal Children's Hospital Melbourne ERC151050

### Figure (7)



### GMFCS E & R between 6<sup>th</sup> and 12<sup>th</sup> birthday: **Descriptors and illustrations**











GMFCS descriptors: Palisano et al. (1997) Dev Med Child Neurol 39:214-23 CanChild: www.canchild.ca

#### **GMFCS** Level I

Children walk at home, school, outdoors and in the community. They can climb stairs without the use of a railing. Children perform gross motor skills such as running and jumping, but speed, balance and coordination are limited.

#### GMFCS Level II

Children walk in most settings and climb stairs holding onto a railing. They may experience difficulty walking long distances and balancing on uneven terrain, inclines, in crowded areas or confined spaces. Children may walk with physical assistance, a handheld mobility device or used wheeled mobility over long distances. Children have only minimal ability to perform gross motor skills such as running and jumping.

.....

.....

#### GMFCS Level III

Children walk using a hand-held mobility device in most indoor settings. They may climb stairs holding onto a railing with supervision or assistance. Children use wheeled mobility when traveling long distances and may self-propel for shorter distances.

#### **GMFCS** Level IV

Children use methods of mobility that require physical assistance or powered mobility in most settings. They may walk for short distances at home with physical assistance or use powered mobility or a body support walker when positioned. At school, outdoors and in the community children are transported in a manual wheelchair or use powered mobility.

#### GMFCS Level V

Children are transported in a manual wheelchair in all settings. Children are limited in their ability to maintain antigravity head and trunk postures and control leg and arm movements.

### Figure (8)

### Mallet Score application in OBBP vs Disability

If you apply Mallet score on an unaffected person the total score is 25. Upper and extended OBPP i.e. (C5,6 -C5,6,7)

- Mild Score 15- 20
- Moderate Score < 15

Complete OBPP .

Severe Disability



Figure (9)

### **Radial Club Hand vs Disability**



Figure (10)

Lower Extremity Functional Scale (LEFS)

#### Instructions

We are interested in knowing whether you are having any difficulty at all with the activities listed below **because of your lower limb problem** for which you are currently seeking attention. Please provide an answer for **each** activity.

Today, do you or would you have any difficulty at all with:

	Activities	Extreme difficulty or unable to perform activity	Quite a bit of difficulty	Moderate difficulty	A little bit of difficulty	No difficulty
	Any of your usual work, ework or school activities.	0	1	2	3	4
	Your usual hobbies, recreational sporting activities.	0	1	2	3	4
3.	Getting into or out of the bath.	0	1	2	3	4
4.	Walking between rooms.	0	1	2	3	4
5.	Putting on your shoes or socks.	0	1	2	3	4
6.	Squatting.	0	1	2	3	4
	Lifting an object, like a bag of groceries from the floor.	0	1	2	3	4
	Performing light activities nd your home.	0	1	2	3	4
	Performing heavy activities nd your home.	0	1	2	3	4
10.	Getting into or out of a car.	0	1	2	3	4
11.	Walking 2 blocks.	0	1	2	3	4
12.	Walking a mile.	0	1	2	3	4
	Going up or down 10 stairs ut 1 flight of stairs).	0	1	2	3	4
14.	Standing for 1 hour.	0	1	2	3	4
15.	Sitting for 1 hour.	0	1	2	3	4
16.	Running on even ground.	0	1	2	3	4
17.	Running on uneven ground.	0	1	2	3	4
	Making sharp turns while running fast.	0	1	2	3	4
19.	Hopping.	0	1	2	3	4
20.	Rolling over in bed.	0	1	2	3	4
	Column Totals:	0	1	2	3	4



### UPPER EXTREMITY FUNCTIONAL SCALE (UEFS)

Patient Name:

Date:

We are interested in knowing whether you are having any difficulty at all with the activities listed below because of your upper limb problem for which you are currently seeking attention. Please provide an answer for each activity.

Today, do you or would you have any difficulty at all with: (circle one number on each line)

Activities	Extreme Difficulty or Unable to Perform Activity	Quite a Bit of Difficulty	Moderate Difficulty	A Little Bit of Difficulty	No Difficulty
Any of your usual work, household or school activities	0	1	2	3	4
Your usual hobbies, recreational or sporting activities	0	1	2	3	4
Lifting a bag of groceries to waist level	0	1	2	3	4
Lifting a bag of groceries above your head	0	1	2	3	4
Grooming your hair	0	1	2	3	4
Pushing up on your hands (i.e. from bathtub or a chair)	0	1	2	3	4
Preparing food (i.e. peeling, cutting)	0	1	2	3	4
Driving	0	1	2	3	4
Vacuuming, sweeping, or raking	0	1	2	3	4
Dressing	0	1	2	3	4
Doing up buttons	0	1	2	3	4
Using tools or appliances	0	1	2	3	4
Opening doors	0	1	2	3	4
Cleaning	0	1	2	3	4
Tying or lacing shoes	0	1	2	3	4
Sleeping	0	1	2	3	4
Laundering clothes (i.e. washing, ironing, folding)	0	1	2	3	4
Opening a jar	0	1	2	3	4
Throwing a ball	0	1	2	3	4
Carrying a small suitcase with your affected limb	0	1	2	3	4
Column Totals					

UEFS Score \_\_\_\_\_\_\_/80 Maximal Function (UEFS Score)/80 x 100 = \_\_\_\_\_%. \*Medicare Rating: \_\_\_\_% \*For a Medicare patient, the Impairment/Limitation/Restriction % is the opposite of the Maximal Function for UEFS. Example: 60/80 x 100 = 75% (UEFS %) and 100% - 75% = 25% (MCR rating)

Provider Signature:



### الإعاقة الذهنية والإدراكية لدى الأطفال والبالغين:

تتطلـب الإعاقــة الذهنيــة لــدى الأطفـال والبالغيــن توثيــق تشـخيص طبـي قابـل للتحديـد، بالإضافــة إلـى إعاقـات تــؤدي إلـى تقييــد قــدرة الأفـراد علــى التفاعــل والتعلــم والعمــل والتواصـل، ومــن المتوقــع أن تستمر لأكثر من عام.

1–الإعاقة الذهنية لدى الأطفال:

الإعاقــة الذهنيــة هــي حالــة تحــد مــن الــذكاء وتعطـل القـدرات اللازمــة للتعلم والعيش والنمو بشكل مستقل.

عــادةً مــا تظهــر أعــراض هــذه الحالــة المســتمرة مــدى الحيــاة خــلال مرحلــة الطفولــة، حيــث يعانــي الطفـل مــن بعـض القيــود فـي الأداء والمهـارات الإدراكيــة، بمـا فـي ذلـك المهـارات المفاهيميــة والإجتماعيـة والعملية، مثل مهارات اللغة والعناية الذاتية.

وقـد تـؤدي هـذه القيـود إلـى نمـو الطفـل بشـكل أبطـاً أو مختلـف عـن نمـو الطفـل الطبيعـي، وقـد تحـدث بعـض أسـباب الإعاقـة الذهنيـة، مثـل متلازمـة داون، ومتلازمـة الصبغـي x الهـش، والعيـوب الخلقيـة، والإلتهابـات داخـل الرحـم قبـل الـولادة، وبعضهـا يحـدث أثنـاء الـولادة أو بعدهـا بفتـرة وجيـزة، مثـل الشـلل الدماغـي. ولا تحـدث أسـباب أخـرى للإعاقـة الذهنيـة إلا بعـد أن يكبـر الطفـل، وقـد تشـمل هـذه الأسـباب إصابات الرأس، والإلتهابات، والتعرض للمواد السامة.

بعــد تحديــد تشخيص/ســبب الحالـــة، يمكــن تقييــم الأطفــال ذوي الإعاقــة الذهنيــة باســتخدام مقاييــس مختلفــة مثــل DSMV، ومقاييــس الذكاء المعتمدة، وwisc، واختبار ستانفورد بينيه، ومقياس النمو.



### 2– الإعاقة الذهنية لدى البالغين:

قـد تنجـم الإعاقـات الإدراكيـة لـدى البالغيـن (أقـل مـن 65 عامًـا) عـن إصابــات الدمــاغ، والســكتة الدماغيــة، والإلتهابــات، والإضطرابــات الأيضيـة، ومـرض الزهايمـر، وأنـواع الخـرف الأخـرى المرتبطـة بإضطرابـات عصبيــة متعـددة. قــد تــؤدي هــذه الإضطرابــات إلــى فقــدان الذاكـرة، وصعوبــة فــي التركيــز، والتواصـل، والفهــم، وإتبــاع التعليمـات، وحــل المشـكلات، أو إكمـال المهـام، بمـا فـي ذلـك العنايـة بالنفـس والمشـي، مقارنةً بالأفراد في فئاتهم العمرية.

تشــمل المقاييــس المســتخدمة لتقييــم هــؤلاء الأفــراد مقيــاس MMs، ومقياس MOCA

• الإعاقة النفسية:

يتطلـب تقييـم الاضطرابـات النفسـية أو العقليـة توثيـق الإضطرابـات النفسـية أو السـلوكية، مثـل الفصـام، واضطرابـات التوحـد، والقلـق، والإكتئـاب، والإضطـراب ثنائـي القطـب، التـي تـؤدي إلـى فقـدان أو قيـود وظيفيـة تجعـل الفـرد غيـر قـادر علـى ممارسـة الأنشـطة اليوميـة المثمرة.

يجب دعم ذلك بسجل طبي للمرض من مستشفى متخصص.

## Psychological Disability Assessment Requirements:

- 1. More than one year old detailed report from KCMH (Psychiatry Hospital or Specialized Mental Health clinic in a general hospital.
- 2. The Report should include the diagnosis, symptoms, treatment, and response to treatment with effect on ADL
- 3. Patients should not be assessed if they have poor compliance with medications or are under a suboptimal treatment protocol.



### Follow the Chart Below to Calculate a Score:

		0	1	2	3	Points
1	No* of diagnosis	0	1 - 2	3	>3	
2	Duration of the (illness (yrs	< 2 years	2 - 5	5 - 10	>10	
3	Presence of positive symptoms	None	1 - 2	3 - 5	>5	
4	Presence of residual chronic or negative symptoms	None	1 - 2	3 - 5	>5	
5	Number of psychiatric medications	None	1 - 2	3 - 4	>4	
6	Response to treatment	Yes	Partial response (more than 60½ improvement)	Poor response 30-60%) improvement)	No response (or <30% improvement)	
7	ADL	Intact	Partially impaired (1)	impaired (2-3)	Significantly impaired (4 or more )	
8	IADL (N/A (for ages <18	Intact	Partially impaired (1)	impaired (2-3)	Significantly impaired (4 or more )	



9	Social impairment	Fair	Partially impaired (1)	impaired (2-3)	Significantly impaired (4 or more )	
10	Occupational impairment	Fair	Partially impaired (1)	impaired (2-3)	Significantly impaired (4 or more )	
11	Academic impairment	Fair	Partially impaired (1)	impaired (2-3)	Significantly impaired (4 or more )	
		0				

### Score calculation:

Total score for <18 (max of 3\*9 = 27) Total score for >18 (either occupational/or educational) max of 3\*10 = 30

### Younger than 18 :

Mild: 13 and below (49% of 27) Moderate: 14- 21 (50-77% of 27) Severe: >21 (>77%)

### Older than 18 :

Mild: 14 and below (49% of 30) Moderate: 15 -23 (49-77% of 30) Severe: >23 (>77% of 30)

Older than 18 and is medically retired or regularly retired (No record on occupational) Mild: 13 and below (49% of 27) Moderate: 14- 21 (50-77% of 27) Severe: >21 (>77%)

### **ADL Due to Psychiatric Disorders:**

- Walking, or otherwise getting around the home or outside. The technical term for this is "ambulating."
- Feeding, as in being able to get food from a plate into one's mouth.
- Dressing and grooming, as in selecting clothes, putting them on, and adequately managing one's appearance.
- **Toileting**, which means getting to and from the toilet, using it appropriately, and cleaning oneself.
- Bathing, which means washing one's face and body in the bath or shower.

• **Transferring**, which means being able to move from one body position to another. This includes being able to move from a bed to a chair or into a wheelchair. This can also include the ability to stand up from a bed or chair to grasp a walker or other assistive device.

### **IADL Due To Psychiatric Disorders:**

- Managing finances, such as paying bills and managing financial assets.
- Managing transportation, either via driving or by organizing other means of transport.
- Shopping, covers shopping for clothing and other items required for daily life.
- Meal preparation or obtaining a meal. This covers everything required to get a meal on the table.
- Housecleaning and home maintenance. This means cleaning kitchens after eating, keeping one's living space reasonably clean and tidy, and keeping up with home maintenance.
- Managing communication, such as the telephone and mail.
- Managing medications, which covers obtaining medications and taking them as directed.

### **Social Impairment:**

- Divorced/ never married
- Limited circle of friends
- Limited interests
- Poor communication skills
- Does not attend social gatherings passively or actively
- Socially withdrawn from family members if living in the house or a minor

### Academic Impairment:

- Deterioration in academic attainment
- Failed multiple subjects
- Repeated grades
- Expelled from school
- Changed multiple schools
- Unable to attend school/extended absence

### **Occupational Impairment:**

(only if working/ if medically retired, or retired please drop from Total Score)

- Multiple sick days/delays
- Inability to perform work/difficulty
- Extended absence from work
- Frequent change of jobs
- Low potential for employment (have been out of school due to illness, never employed, out of work for 5 years)
- Expelled from work (not medical retirement or regular retirement)



### **Educational Assessment in Adults:**

Resolution	Subject
<ol> <li>If the IQ is within the average (&gt;=90), there must be an academic assessment to give the disability, and it is granted in this case for a period of 3 years.</li> <li>If the IQ is below average (between 79 and 90), and in the case of school certificates (for two years) proving academic difficulty, the disability in this case is granted for one year, and renewal is only carried out in the presence of an academic evaluation</li> <li>If the IQ is within the marginal level (between 80 and 70), the disability is granted for 3 years.</li> </ol>	Educational disabilities only, no associated disabilities
<ol> <li>Autism and an IQ within the average, below the average, or borderline, confers a psychological and educational disability</li> <li>Autism with an intellectual disability confers a psychological and intellectual disability, and the severity is assessed according to the most severe disability, with the severity of each disorder mentioned in the diagnosis</li> </ol>	Autism

<ol> <li>A disability is granted only in the presence of a report from a psychiatrist or develop- mental pediatrician</li> <li>Disability is granted only in the presence of symptoms that cause academic/social/ functional deterioration that may prevent the person from practicing their life functions normally, after exhausting treatment methods.</li> <li>According to the committee's assessment, he may be granted a psychological, educational, or educational disability only according to the severity of the symptoms and their impact on his ability to lead a normal life.</li> </ol>	Hyperactivity and attention deficit
In cases presented for the first time and not under treatment, the committee postpones for 6 months until the patient is on treatment for a period	Mental disorders in general
<ol> <li>If the committee does not consider that the symptoms of the disorder cause a disability, the committee can reject the disability and give the patient a referral to their treating doctor with their opinion.</li> <li>If the committee considers that the disability caused by the symptoms exceeds the diagnosis in the report, the patient shall be referred to his treating doctor with the opinion of the doctors, to re-evaluate and modify the diagnosis in the report if the treating physician deems it appropriate.</li> </ol>	If the initial diagnosis of the committee conflicts with the medical report

- Do not take IQ absolutely in, it is possible to put other considerations in decision-making to be mentioned
- Topics that have not been discussed so far and postponed to the next meeting
- Medical report issued by the Kuwait Center for Mental Health



الإعاقة البصرية:

يتـراوح قصـور البصـر بيـن ضعـف البصـر الشـديد والعمـى، وقـد يعانـي الأشـخاص الذيــن لا يمكــن تصحيــح بصرهــم بالنظــارات العاديــة، أو العدسـات اللاصقــة،أو الأدويــة، أو الجراحــة مـن ضعـف بصـري قـد يؤثـر علــى أنشــطتهم اليوميــة ويســبب لهــم صعوبــة فــي أداء المهــام الروتينيـة كالقـراءة والحركـة والعمـل، وعنــد تقييـم الإعاقــة البصريـة، يجب توضيح السبب الكامن.

يتـم التشـخيص مـن خـلال السـجل الطبـي للمريـض والفحوصـات، ويتـم تقييـم شـدة ضعـف البصـر باسـتخدام المعاييـر الـواردة بهـذا القسـم. (باللغة الإنجليزية أدناه)

### **Visual Impairment:**

Impaired vision can range from low vision to blindness. People whose vision cannot be corrected by ordinary glasses, Lenses, medications, or surgery can have poor vision that may affect their daily activities and cause difficulty with routine tasks like reading, mobility, and work. When assessing visual disability, the underlying cause needs to be clarified by medical records, and assessment of severity is done using specific guidelines.



### Visual Disability Guidelines:

### (Visual Acuity)

Low Vision Ranges	Visual Acuity	Severity of disability
Mild Low Vision	First Eye (20/40,6/12) The second is worse than (20/120,6/36) or First Eye (20,60,6/18 The second is worse than (20,60, 6/18) or permanent double vision	Mild
Moderate Low Vision	From (20/80,6/24) TO (20/160,6/48)	Moderate
Severe Low Vision	From (20/200,6/60) TO (NLP)	Severe

 Visual acuity must be tested in the better eye with best correction or while both eyes are open.



### (Visual Field)

Low Vision Ranges	Special conditions	Average radius (concentric)	Severity of disability
Mild low Vision		More than 30 and less than 120	Mild
Moderate Low Vision	Loss of upper field or Central Scotomas	30 - 15	Moderate
Severe Low Vision	Hemianopia Loss of Lower field Central Scotoma With V.A ., Less than 6/18	Less than 15	Severe

\* The visual field must be tested while both eyes are open.

#### Note:

- A one-eyed patient is not considered visually disabled if the other eye's visual acuity is equal to or better than 20/40
- The age and job of the applicant are taken into consideration

#### **\*Ophthalmic Tests:**

- O Medical Report from Government Hospital
- O Clinical Examination of the eyes
- O Refraction
- OCT Macula
- **O OPTOS color Photo**
- O Penta Cam test
- O Humphreys' visual field test
- O OCT Optic Nerve test

These tests are done according to the case, not necessarily for every patient.



الإعاقة السمعية:

قــد يُصيــب فقــدان الســمع الجزئــي أو الكلــي 5% مــن ســكان العالــم، ويمكــن أن يحــدث فــي أي عمــر، وقــد يــؤدي إلــى العزلــة الاجتماعيــة وتقييـد النشـاط اليومـي. وعنــد الأطفـال قــد يؤثـر علــى تطـور الـكلام واللغة إذا لم يُكتشف مبكرًا.

قـد ينتـج فقـدان السـمع عـن عوامـل وراثيـة، أو التهابـات يتعـرض لهـا الجنيـن داخـل الرحـم، (مثـل الحصبـة الألمانيـة، أو الفيـروس المضخـم للخلايـا)، أو الاختنـاق أثنـاء الـولادة، أو غيرهـا مـن الأمـراض التـي تُصيـب الجنيــن أو الطفــل بعــد الــولادة، أو الإلتهابــات المزمنــة، أو التعــرض للمواد السامة.

وفـي البالغيـن، تتسـبب الأمـراض المكتسـبة مـن التهابـات تصيـب الأذن الوسـطي أو الداخليـة فـي فقـدان السـمع. كمـا أن العصـب السـمعي قـد يتعـرض لأضـرار نتيجـة الضوضـاء الشـديدة أو الأمـراض أو آثـار جانبيـة لبعض أنواع الأدوية.

### **Hearing Disabilities:**

Partial or total hearing loss may affect 5% of the world population and can occur at any age; it can lead to social isolation and restrictions on daily activities. In children, it may affect their speech and language development. If it is not recognized early in life. Hearing loss may result from genetic factors, intrauterine infections (rubella, CMV), perinatal birth asphyxia, and other perinatal morbidity, chronic infections, and toxic exposure.

# **Hearing Impairment Standards**

- Hearing impairment of 35% of the whole body, and speech impairment of 35%
- The degree of hearing impairment is calculated after performing an audiogram and speech discrimination with middle ear pressure and reflex response.
- If the patient's clinical examination does not match the test, the ABR/ASSR Test is requested. For children, a computerized CT scan examination is necessary, and the decision is not made before three months of age, after completing the diagnosis.
- If the patient does not cooperate with all the tests, no decision is made regarding the disability.
- If the reports do not match the examinations and their results, or there is any doubt, the decision will not be taken.
- Children with severe to profound hearing loss have Moderate disability and are re-evaluated after the age of three years.
- Children who need a cochlear implant have Moderate disability and are re-evaluated after rehabilitation sessions (three years). The severity of the disability may increase if the child does not acquire language.
- After the age of forty, it decreases by 0.5 decibels for each year thereafter.
- 1. Degrees of hearing loss range from mild to very severe hearing loss.

(Simple, Moderate, Moderate Severe, Severe, Very Severe).



- The degree of hearing loss is not equal to the degree of hearing disability, but rather the result of a mathematical equation calculated for the ears at different frequencies, divided by 4, subtracted from 25, then the result is divided by 6 to calculate the disability from the ears. Then it is multiplied by 35% to calculate for the entire body.
- The frequencies used to calculate the disability are 2000, 1000, 500, and 3000 Hz for each ear separately.
- The number of ears is added and divided by 6, and the result is multiplied by 35% to obtain the degree of hearing impairment for the entire body, as a speech impairment of 35%, if present, is added to the degree of hearing impairment.

#### Degrees of Hearing Impairment are as follows:

- No hearing impairment
- Minor hearing impairment
- Moderate hearing impairment
- Severe hearing disability
- O Whole body hearing loss ranges from 0-35%.
- 0-23% No hearing impairment.
- From 24-29, the disability is Simple.
- 30-49 years old, Moderate disability.
- 50% and above Severe hearing impairment.



Degree of disability	7.
There is no disability	0-23%
Disability is Mild	24-29%
Disability is Moderate	30-49%
Disability is Severe	≥%50

- Speech impairment is added to hearing impairment after diagnosis to obtain the final degree of disability.
- Speech impairment of 0-35% is calculated and added to the hearing loss percentage.
- The mathematical equation for hearing impairment is global, not local, and not limited to Kuwait only.
- There are also Tables to calculate the percentage of hearing loss from both ears, and a Table to calculate from the entire body.
- Deaf and dumb patients, hearing impairment in addition to speech impairment, are considered Severe.
- After the age of forty, 0.5 decibels are subtracted for each year after forty.
- Hearing loss in one ear while the other is healthy is not considered a hearing disability.
- Hearing loss in one ear, which was implanted, and the other ear is healthy, so there is no hearing impairment.



- Cases diagnosed with congenital defects and suffering from conductive hearing loss are not classified as disabilities unless hearing deteriorates to the point of disability, which is confirmed by a specialist.
- Note that hearing aids for this category are provided by the Ministry of Health.
- Sudden hearing loss in one ear is not considered a hearing impairment.
- Cases of sudden hearing loss in both ears are considered disability after completion of treatment and stabilization of the hearing level.

Hearing disability assessment after 70 years old:

- In a hearing disability formula, it is common to assess how much of the hearing loss is due to ARHL and how much to NIHL. In a formula using the H TLS at 500Hz, 1000Hz, 2000Hz, and 4000Hz, it is possible to predict the median (or average) ARHL for an average individual at any age or gender.
- ISO 7029: 1990 reveals that an average male will suffer a hearing loss of 20.6 dB at the age of 70 years. An average female will suffer a hearing loss of 20.25 dB at the age of 78 years.
- The Group therefore recommends that in males over the age of 69 years and in females over the age of 77 years that a percentage be subtracted from the overall hearing disability to allow for ARHL. These percentages have been calculated from ISO 7029: 1990 and are shown below in Table 4 and in Appendix 1.



# Table 4. Disability Percentage Age CorrectionFactor

Age (years)		Females
70	2%	
71	3%	
72	4%	
73	5%	
74		
75		
76	7′/.	
77	8%	
78		
79	11%	
80	12%	2%



Guides to the Evaluation of Permanent Impairment

Table 11-2 Computation of Binaural Hearing Impairment

100 105 110 115 120	0.6	1.9 2.2 2.5 2.8	4.1	5.6 5.9	7.5								2	1														
125 130 135 140 145	1.9 2.2 2.5	3.1 3.4 3.8 4.1 4.4	4.7 5.0 5.3 5.6 5.9	б.б	8.1 8.4 8.8	10.0 10.3	11.3 11.6 11.9 12.2	13.4	15.0 15.3	16.9																		
150 155 160 165 170	3.4 3.8 4.1		6.6	8.1 8.4 8.8	10.0 10.3	11.3 11.6 11.9	12.8 13.1 13.4	14.4 14.7 15.0	15.6 15.9 16.3 16.6 16.9	17.5 17.8 18.1	18.8 19.1 19.4 19.7 20.0	20.9 21.3	22.8		26.3													
175 180 185 190 195	5.3 5.6	6.6 6.9	8.4 8.8	10.0	11.3 11.6 11.9	12.8 13.1 13.4	14.4 14.7 15.0	15.9 16.3 16.6	17.2 17.5 17.8 18.1 18.4	19.1 19.4 19.7	20.3 20.6 20.9 21.3 21.6	22.2 22.5 22.8	23.8 24.1 24.4	25.3 25.6 25.9	26.9 27.2 27.5	28.1 28.4 28.8 29.1 29.4	30.3 30.6	32.2		35.6								
200 205 210 215 220	6.6 6.9 7.2	8.4 8.8	9.4 9.7 10.0 10.3 10.6	11.6 11.9	12.8 13.1 13.4	14,4 14,7 15	15.9 16.3 16.6	17.5 17.8 18.1	18.8 19.1 19.4 19.7 20.0	20.6 20.9 21.3	21.9 22.2 22.5 22.8 23.1	23.8 24.1 24.4	25.3 25.6 25.9	26.9 27.2 27.5	28.4 28.8 29.1	30 30.3 30.6	31.6 31.9 32.2	33.1 33.4 33.8	34.4 34.7 35 35.3 35.6	36.3 36.6 36.9	38.1 38.4	39.4 39.7 40 40.3	41.6		45			
225 230 235 240 245	8.1 8.4 8.8	9.7 10.0 10.3	10.9 11.3 11.6 11.9 12.2	12.8 13.1 13.4	14.4 14.7 15.0	15.9 16.3 16.6	17.5 17.8 18.1	19.1 19.4 19.7	20.3 20.6 20.9 21.3 21.6	22.2 22.5 22.8	23.4 23.8 24.1 24.4 24.7	25.3 25.6 25.9	26.9 27.2 27.5	28.4 28.8 29.1	30.0 30.3 30.6	1.50578	33.1 33.4 33.8	34.7 35.0 35.3	36.9	37.8 38.1 38.4	39.4 39.7 40.0	40.6 40.9 41.3 41.6 41.9	42.5 42.8 43.1	44.1 44.4 44.7	45.6 45.9 46.3	46.9 47.2 47.5 47.8 48.1	49.1 49.4	
250 255 260 265 270	9.7 10.0 10.3	11.3 11.6 11.9	12.5 12.8 13.1 13.4 13.8	14.4 14.7 15.0	15.9 16.3 16.6	17.5 17.8 18.1	19.1 19.4 19.7	20.6 20.9 21.3	21.9 22.2 22.5 22.8 23.1	23.8 24.1 24.4	25.0 25.3 25.6 25.9 26.3	26.9 27.2 27.5	28.4 28.8 29.1	30.0 30.3 30.6	31.6 31.9 32.2		34.7 35.0 35.3	36.3 36.6 36.9	38.4	39.4 39.7 40.0	40.9 41.3 41.6	42.2 42.5 42.8 43.1 43.4	44.1 44.4 44.7	45.6 45.9 46.3	47.2 47.5 47.8	48.4 48.8 49.1 49.4 49.7	50.3 50.6 50.9	
275 280 285 290 295	11.3 11.6	12.8 13.1 13.4	15.0	15.9 16.3 16.6	17.5 17.8 18.1	19.1 19.4 19.7	20.6 20.9 21.3	22.2 22.5 22.8	23.4 23.8 24.1 24.4 24.7	25.3 25.6 25.9	26.6 26.9 27.2 27.5 27.8	28.4 28.8 29.1	30.0 30.3 30.6	31.6 31.9 32.2	33.1 33.4 33.8		36.3 36.6 36.9	37.8 38.1 38.4	40.0	40.9 41.3 41.6	42.5 42.8 43.1	43.8 44.1 44.4 44.7 45.0	45.6 45.9 46.3	47.2 47.5 47.8	48.8 49.1 49.4	50.0 50.3 50.6 50.9 51.3	51.9 52.2 52.5	
300 305 310 315 320		14.4 14.7 15.0	15.9 16.3 16.6	17.5 17.8 18.1	19.1 19.4 19.7	20.5 20.9 21.3	22.2 22.5 22.8	23.8 24.1 24.4	25.0 25.3 25.6 25.9 26.3	26.9 27.2 27.5	28.1 28.4 28.8 29.1 29.4	30.0 30.3 30.6	31.6 31.9 32.2	33.1 33.4 33.8	34.7 35.0 35.3	35.9 36.3 36.6 36.9 37.2	37.8 38.1 38.4	39.4 39.7 40.0	40.9 41.3 41.6	42.5 42.8 43.1	44.1 44.4 44.7	45.3 45.6 45.9 46.3 46.6	47.2 47.5 47.8	48.8 49.1 49.4	50.3 50.6 50.9	51.6 51.9 52.7 52.5 52.8	53.4 53.8 54.1	
325 330 335 340 345	14.1 14.4 14.7 15.0 15.3	15.9 16.3 16.6	17.5 17.8 18.1	19.1 19.4 19.7	20.6 20.9 21.3	22 2 22.5 22.8	23.8 24.1 24.4	25.3 25.6 25.9	26.6 26.9 27.2 27.5 27.8	28.4 28.8 29.1	29.7 30.0 30.3 30.6 30.9	31.6 31.9 32.2	33.1 33.4 33.8	34.7 35.0 35.3	36.3 36.6 36.9	37.5 37.8 38.1 38.4 38.8	39.4 39.7 40.0	40.9 41.3 41.6	42.5 42.8 43.1	44.1 44.4 44.7	45.6 45.9 46.3	46.9 47.2 47.5 47.8 48.1	48.8 49.1 49.4	50.3 50.6 50.9	51.9 52.2 52.5	53.1 53.4 53.8 54.1 54.4	55.0 55.3 55.6	
355 360	15.6 15.9 16.3 16.6 16.7	17.5 17.8 18.1	19.1 19.4 19.7	20.6 20.9 21.3	22.2 22.5 22.8	23.8 24.1 24.4	25.3 25.6 25.9	26.9 27.2 27.5	28.1 28.4 28.8 29.1 29.2	30.0 30.3 30.6	31.3 31.6 31.9 32.2 32.3	33.1 33.4 33.8	34.7 35.0 35.3	36.3 36.6 36.9	37.8 38.1 38.4	39.1 39.4 39.7 40.0 40.1	40.9 41.3 41.6	42.5 42.8 43.1	44.1 44.4 44.7	45.6 45.9 46.3	47.2 47.5 47.8	48.4 48.8 49.1 49.4 49.5	50.3 50.6 50.9	51.9 52.2 52.5	53.4 53.8 54.1	\$4.7 \$5.0 \$5.3 \$5.6 \$5.7	56.6 56.9 57.2	
NSI 969	≥100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180	185	190	195	200	205	210	215	220	225	230	



الهيئة العامة لشنون خوي الاعاقة Public Authority for Disability Affairs	Appointment Data:   Retered To:   C.I.D:   Jurium   Age:   Iteimus   Iteimus   Acoustic Reflrxes   Iteimus   Speech Discrimination	مصدر التحویل یحول إلم اسم المریض تاریخ المیلاد
ة <b>نموذج طلب لجنة سممية</b> The committees audio applivation form P <sub>ut</sub>	للمعنيات كل من المستشفيات التالية: السمعيات كل من المستشفيات التالية: ن 5سنوات يحضر الفحوصات السمعية الشاملة ن مستشفم العرانية	

حولي \_ قطعة ١١ شارع بيروت مقابل مدرسة البيان ثنائية اللغة \_ تلفون 1861111 \_\_ 22672300 \_\_ 22672300 الفاكس: 22672333 \_\_ ص.ب: 64929 الشويخ 70460 الكويت



### الإعاقات التطورية:

ينمـو الأطفـال ويتطـورون فـي كافـة المجـالات عبـر فتـرات زمنيـة متشـابهة وعبـر مراحـل متلاحقـة بتـدرج وتسلسـل، إذ لا يكتسـب الطفـل قـدرة زمنيـة إلا إذا كان قـد أتـم اكتسـاب القـدرة السـابقة، ويشـمل التطـور الجـزء الذهنـي، والمعرفـي والحركـي مـن مفاهيـم بسـيطة إلـى مفاهيـم متقدمـة، فالحركـة تنمـو مـن بسـيطة (حركـة أطـراف بسـيطة إلـى هادفـة ومعقدة(كالجلـوس، والوقـوف، والمشـي والركض.

وتنمـو المفاهيـم الحسـية أيضـا مـن المفاهيـم البسـيطة والمحسوسـة والملموسـة ماديـا إلـى المفاهيـم المعقـدة والمجـردة معنويـا. كمـا تنمـو كذلـك القـدرات الذهنيـة إلـى مسـتوى يسـمح باكتسـاب نطـق وتواصل ومعارف وعلوم ومهارات للحياة.

إذا حصـل اضطـراب مـا فـي عمليـة تنامـي القـدرات فـي مجـال أو فـي آخـر مـن شـأنه أن ينعكـس عجـزا أو قصـورا فـي أول مهمـة أو نشـاط أو وظيفـة فينحـرف مسـار النشـاط أو يتعطـل. فالإعاقـات التطوريـة إذاً هـي تعطـل فـي مجـال أو أكثـر مـن أعمـال وظيفيـة فكريـة كانـت أو حركية للطفل.

# **Developmental Disability Criteria:**

The International Classification of Functioning, Disability, and Health (ICF) is a framework developed by the World Health Organization (WHO) in 2001. It provides a standardized way to describe and measure health, functioning, and disability across different cultures and health conditions. The ICF emphasizes the following key components:

1)Functioning and Disability: This includes the domains of body functions and structures, activities, and participation. It recognizes that functioning is a dynamic interaction between the individual and their environment.

2) Health Conditions: The ICF categorizes diseases, disorders, injuries, and other health-related conditions that can impact functioning.

**3)** Contextual Factors: These include environmental and personal factors that can facilitate or hinder an individual's functioning. Environmental factors encompass aspects of the physical, social, and attitudinal environment, while personal factors include characteristics such as age, gender, and lifestyle.

4) Holistic Approach: The ICF uses a biopsychosocial model, considering biological, psychological, and social factors rather than focusing solely on medical diagnoses.

The ICF is used in various fields, including healthcare, rehabilitation, education, and policymaking, to promote a comprehensive understanding of health and disability, guiding assessments, interventions, and research.



There are various categories under which childhood disabilities are evaluated. This includes:

• Intellectual Disorders: Conditions such as autism, intellectual disabilities, and emotional disorders.

 Genetic Disorders: Conditions like Down syndrome and other chromosomal abnormalities.

 Musculoskeletal Disorders: Issues affecting the bones, joints, and muscles.

• Neurological Disorders: Conditions such as epilepsy and cerebral palsy.

• Sensory Impairments: Including vision and hearing impairments.

The child's age should be considered when evaluating the impact of the disability. Children are assessed differently from adults, with an emphasis on developmental milestones and how the disability affects their growth and learning.

To support a claim for Childhood Disability, families must provide:

1. Medical records, including evaluations and treatment history.

2. Educational records, such as school certificates or Individualized Education Programs (IEPs), if applicable.

3. Statements from caregivers, teachers, and other professionals who can attest to the child's limitations.



The process for applying for Childhood Disability benefits includes:

- 1. Applying
- 2. Providing necessary documentation.

3. Undergoing a review process, which may involve medical examinations.

The classification of disabilities, including whether they are considered Mild, Moderate, or Severe, typically does not rely solely on a specific percentage of deficit. Instead, these classifications are based on a combination of factors, including:

• Functional Impact: Mild disabilities generally indicate that the child has some challenges but can typically function well with appropriate support. They may struggle in specific areas but can manage daily activities and learning with minimal assistance.

• Standardized Assessments: Professionals often use standardized tests to gauge cognitive, academic, and adaptive functioning. A Mild disability might be indicated if a child's scores fall within one standard deviation below the mean (typically around the 15th percentile or higher).

• Contextual Factors: The context in which the disability affects the child is crucial. A child may have a mild cognitive delay but still perform well in certain subjects or activities.

• Professional Judgment: A diagnosis and severity classification should be made by qualified professionals who can assess the child's overall functioning and needs.
# Intellectual Disability

## **Diagnostic Criteria:**

Intellectual disability is a disorder with onset during the developmental period that includes both intellectual and adaptive functioning deficits in conceptual, social, and practical domains. The following three criteria must be met:

**1. Deficits in intellectual functions,** such as reasoning, problem solving, planning, abstract thinking, judgment, academic learning, and learning from experience, confirmed by both clinical assessment and individualized, standardized intelligence testing.

2. Deficits in adaptive functioning that result in failure to meet developmental and sociocultural standards for personal independence and social responsibility. Without ongoing support, the adaptive deficits limit functioning in one or more activities of daily life, such as communication, social participation, and independent living, across multiple environments, such as home, school, work, and community.

**3.Onset of intellectual** and adaptive deficits during the developmental period.

Severity	Conceptual	Social	Practical domain
level	domain	domain	
Mild F70	For preschool children, there may be no obvious conceptual differences. For school-age children and adults, there are difficulties in learning academic skills involving reading, writing, arithmetic, time, or money, with support needed in one or more areas to meet age-related expectations. In adults, abstract thinking, executive function (i.e., planning, strategizing, priority setting, and cognitive flexibility), and short-term memory, as well as functional use of academic skills (e.g., reading, money management), are impaired. There is a somewhat concrete approach to problems and solutions compared with age-mates.	Compared with typically developing age-mates, the individual is imma- ture in social interactions. For example, there may be difficulty in accurately perceiving peers' social cues. C o m m u n i c a t i o n , conversation, and language are more concrete or immature than expected for age. There may be difficulties regulating emotion and behavior in an age-appropriate fashion; these difficulties are noticed by peers in social situations. There is limited understanding of risk in social situations; social judgment is immature for age, and the person is at risk of being manipulated by others (gullibility).	The individual may function age-appropriately in personal care. Individuals need some support with complex daily living tasks in comparison to their peers. In adulthood, supports typically involve grocery shopping, transportation, home and child-care organizing, nutritious food preparation, and banking and money management. Recreational skills resemble those of age-mates, although judgment related to well-being and organization around recreation requires support. In adulthood, competitive employment is often seen in jobs that do not emphasize conceptual skills. Individuals generally need support to make health care decisions and legal decisions, and to learn to perform a skilled vocation competently. Support is typically needed to raise a family.



Moderate

ment, the individual's F71 conceptual skills lag markedly behind and those of peers. For preschoolers, language and preacademic skills develop slowly. For school-age children, progress in reading, writing. mathematics, and understandtime ina of and money occurs slowly across the school have vears and is markedly limited compared with that of peers. For adults, academic skill development is typically at an elementary level, and support is required for all use of academic skills in work and personal life. Ongoing assistance on a daily basis is needed to complete conceptual tasks of day-to-day life, and others may take over these responsibilities fully for the individual.

All through develop-

The individual shows marked differences from peers in social communicative behavior across development. Spoken language is typically a primary tool for social communication but is much less complex than that of peers. Capacity for relationships is evident in ties to family and friends, and the individual may successful friendships across life and sometimes romantic relations in adulthood. However. individuals may not perceive or interpret social cues accurately. Social judgment and decision- making abilities are limited. and caretakers must assist the person with life decisions. Friendships with typically developing peers are often affected by communication or social limitations. Significant social and communicative support is needed in work settings for success.

The individual can care for personal needs involving eating, dressing, elimination, and hygiene as an adult, although an extended period of teaching and time is needed for the individual to become independent in these areas, and reminders may be needed. Similarly, participation in all household tasks can be achieved by adulthood, although an extended period of teaching is needed, and ongoing supports will typically occur for adult-level performance. Independent employment in jobs that require limited conceptual and communication skills can be achieved, but considerable support from coworkers, supervisors, and others is needed to manage social expectations, job complexities, and ancillary responsibilities such as scheduling. transportation, health benefits, and money management. A variety of recreational skills can be developed. These typically require additional supports and learning opportunities over an extended period of time. Maladaptive behavior is present in a significant minority and causes social problems.



			1
Profound F73	Conceptual skills generally involve the physical world rather than symbolic pro- cesses. The indi- vidual may use objects in g o a l - d i r e c t e d fashion for self-care, work, and recreation. Certain visuo- spatial skills, such as matching and sorting based on physi- cal characteris- tics, may be ac- quired. However, c o - o c c u r r i n g motor and sen- sory impairments may prevent functional use of objects.	The individual has very limited under- standing of sym- bolic communica- tion in speech or gesture. He or she may understand some simple in- structions or ges- tures. The individu- al expresses his or her own desires and emotions largely through nonverbal, non- symbolic commu- nication. The indi- vidual enjoys rela- tionships with well- known family members, caretak- ers, and familiar others, and initi- ates and responds to social interac- tions through ges- tural and emotional cues. Co-occurring sensory and physi- cal impairments may prevent many social activities.	The individual is de- pendent on others for all aspects of daily physical care, health, and safety, although he or she may be able to participate in some of these activities as well. Individuals without severe physical im- pairments may assist with some daily work tasks at home, like car- rying dishes to the table. Simple actions with objects may be the basis of participa- tion in some vocational activities with high levels of ongoing sup- port. Recreational ac- tivities may involve, for example, enjoyment in listening to music, watching movies, going out for walks, or partic- ipating in water activi- ties, all with the sup- port of others. Co- oc- curring physical and sensory impairments are frequent barriers to participation (beyond watching) in home, recreational, and voca- tional activities. Mal- adaptive behavior is present in a significant minority.



## Intellectual Disability:

 A group of conditions that are characterized by significant limitations in both intellectual functioning and adaptive behavior.

 The condition originates during the developmental period, before the age of 18 years (DSM-5).

# **Global Developmental Delay:**

## F88

This diagnosis is reserved for individuals under the age of 5 years when the clinical severity level cannot be reliably assessed during early childhood. This category is diagnosed when an individual fails to meet expected developmental milestones in several areas of intellectual functioning and applies to individuals who are unable to undergo systematic assessments of intellectual functioning, including children who are too young to participate in standardized testing. This category requires reassessment after a period.



A group of conditions that begin during the developmental period may impact day-to-day functioning, and usually last throughout a person's lifetime. This includes autism spectrum disorder, global developmental delay, language delay or disorder, and other developmental delays and disorders.

The condition results in substantial functional limitations in the following major life activities:

- o Communication
- o Cognitive development
- o Motor
- o Self-direction
- o Self-care
- o Activities of daily living

Reflect the need for a combination and sequence of interdisciplinary care, treatment, or other services that are of lifelong or for extended duration and individually planned and coordinated.

This term is used for children aged 5 and younger and for children aged between 5 and 6 years whose cognitive assessment is difficult to perform because of behavioral, attentional difficulties, or limited communication and or understanding of instructions.

Developmental disability will be granted to children above the age of two years.

Developmental disability will be considered mild for children who have global developmental delay without an underlying diagnosis of neurological, genetic, or metabolic illness and have had no previous intervention.

Global developmental delays with neurological, genetic, or metabolic illnesses can be considered as Mild, Moderate, or Severe, and each case will be assessed individually.



# Unspecified Intellectual Developmental Disorder (Intellectual Disability)

## F79

This category is reserved for individuals over the age of 5 years when assessment of the degree of intellectual developmental disorder (intellectual disability) by means of locally available procedures is rendered difficult, or impossible because of associated sensory or physical impairments, as in blindness or prelingual deafness; locomotor disability; or presence of severe problem behaviors or co-occurring mental disorder. This category should only be used in exceptional circumstances and requires reassessment after a period of time.

# Social (Pragmatic) Communication Disorder:

# Diagnostic Criteria F80.82

A. Persistent difficulties in the social use of verbal and nonverbal communication as manifested by all of the following:



1. Deficits in using communication for social purposes, such as greeting and sharing information, in a manner that is appropriate for the social context.

2. Impairment of the ability to change communication to match context or the needs of the listener, such as speaking differently in a classroom than on a playground, talking differently to a child than to an adult, and avoiding use of overly formal language.

3. Difficulties following rules for conversation and storytelling, such as taking turns in conversation, rephrasing when misunderstood, and knowing how to use verbal and nonverbal signals to regulate interaction.

4. Difficulties understanding what is not explicitly stated (e.g., making inferences) and nonliteral or ambiguous meanings of language (e.g., idioms, humor, metaphors, multiple meanings that depend on the context for interpretation).

5. The deficits result in functional limitations in effective communication, social participation, social relationships, academic achievement, or occupational performance, individually or in combination.

6. The onset of the symptoms is in the early developmental period (but deficits may not become fully manifest until social communication demands exceed limited capacities).

7. The symptoms are not attributable to another medical or neurological condition or low abilities in the domains of word structure and grammar, and are not better explained by autism spectrum disorder, intellectual developmental disorder (intellectual disability), global developmental delay, or another mental disorder.

# Assessment of the severity

of social pragmatic communication disorder depends on the age of the child. For children below the age of five, it will be assessed as a developmental disability. Children above the age of five will be assessed according to the criteria of intellectual and learning disabilities.

# **Autism Spectrum Disorder:**

**Diagnostic Criteria** 

F84.0

A. Persistent deficits in social communication and social interaction across multiple contexts, as manifested by all the following, currently or by history (examples are illustrative, not exhaustive; see text):

1. Deficits in social-emotional reciprocity, ranging, for example, from abnormal social approach and failure of normal back-and-forth conversation, to reduced sharing of interests, emotions, or affect, to failure to initiate or respond to social interactions.

2. Deficits in nonverbal communicative behaviors used for social interaction, ranging, for example, from poorly integrated verbal and nonverbal communication; to abnormalities in eye contact and body language or deficits in understanding and use of gestures; to a total lack of facial expressions and nonverbal communication.

3. Deficits in developing, maintaining, and understanding relationships, ranging, for example, from difficulties adjusting behavior to suit various social contexts; to difficulties in sharing imaginative play or in making friends; to absence of interest in peers.



B. Restricted, repetitive patterns of behavior, interests, or activities, as manifested by at least two of the following, currently or by history (examples are illustrative, not exhaustive; see text):

**1.** Stereotyped or repetitive motor movements, use of objects, or speech (e.g., simple motor stereotypies, lining up toys or flipping objects, echolalia, idiosyncratic phrases).

2. Insistence on sameness, inflexible adherence to routines, or ritualized patterns of verbal or nonverbal behavior (e.g., extreme distress at small changes, difficulties with transitions, rigid thinking patterns, greeting rituals, need to take the same route or eat the same food every day).

**3.** Highly restricted, fixated interests that are abnormal in intensity or focus (e.g., strong attachment to or preoccupation with unusual objects, excessively circumscribed or perseverative interests).

4. Hyper- or hyperreactivity to sensory input or unusual interest in sensory aspects of the environment (e.g., apparent indifference to pain/temperature, adverse response to specific sounds or textures, excessive smelling or touching of objects, visual fascination with lights or movement).

C. Symptoms must be present in the early developmental period (but may not become fully manifest until social demands exceed limited capacities or may be masked by learned strategies in later life).

1. Symptoms cause clinically significant impairment in social, occupational, or other important areas of current functioning.

2. These disturbances are not better explained by intellectual developmental disorder (intellectual disability) or global developmental delay. Intellectual developmental disorder and autism spectrum disorder frequently co-occur; to make a comorbid diagnosis of autism spectrum disorder and intellectual developmental disorder, social communication should be below that expected for the general developmental level.



# Severity levels for Autism Spectrum Disorder (examples of the level of support needed)

Severity level	Social communication	Restricted, repetitive behaviors
Level 1 "Requiring support "	Without supports in place, deficits in social communication cause noticeable impairments Difficulty initiating social interactions, and clear examples of atypical or unsuccessful responses to social overtures of others. May appear to have decreased interest in social interactions. For example, a person who is able to speak in full sentences and engages in communication but whose to-and-fro conversation with others fails, and whose attempts to make friends are odd and typically unsuccessful	Inflexibility of behavior causes significant interference with functioning in one or more contexts. Difficulty switching between activities. Problems of organization and planning hamper independence.
Level 2 "Requiring substantial support"	Marked deficits in verbal and nonverbal social communication skills; social impairments apparent even with supports in place; limited initiation of social interactions; and reduced or abnormal responses to social overtures from others. For example, a person who speaks simple sentences, whose interac- tion is limited to narrow special interests, and who has markedly odd nonverbal communication	Inflexibility of behavior, difficulty coping with change, or other restricted/repetitive behaviors appear frequently enough to be obvious to the casual observer and interfere with functioning in a variety of contexts. Distress and/or difficulty changing focus or action

Level 3 'Requiring very substantial support "	Severe deficits in verbal and nonverbal social communication skills cause severe impairments in functioning, very limited initiation of social interactions, and minimal response to social overtures from others. For example, a person with few words of intelligible speech who rarely initiates interaction and, when he or she does, makes unusual approaches to meet needs only and responds to only very direct social approaches	Inflexibility of behavior, extreme difficulty coping with change, or /other restricted repetitive behaviors markedly interfere with functioning in all spheres. Great distress/difficulty changing focus or .action
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Assessment of the severity of autism spectrum disorder depends on the age of the child. For children below the age of five, it will be assessed as a developmental disability. Children above the age of five will be assessed according to the criteria of intellectual and learning disabilities.

# **Attention-Deficit/Hyperactivity Disorder**

# **Diagnostic Criteria**

A. A persistent pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development, as characterized by (1) and/or (2):

**1.** Inattention: Six (or more) of the following symptoms have persisted for at least 6 months to a degree that is inconsistent with developmental level and that negatively impacts directly on social and academic/occupational activities:

**Note:** The symptoms are not solely a manifestation of oppositional behavior, defiance, hostility, or failure to understand tasks or instructions. For older adolescents and adults (age 17 and older), at least five symptoms are required.

**1**. Often fails to give close attention to details or makes careless mistakes in schoolwork, at work, or during other activities (e.g., overlooks or misses details, work is inaccurate).

**2.** Often has difficulty sustaining attention in tasks or play activities (e.g., has difficulty remaining focused during lectures, conversations, or lengthy reading).

**3.** Often does not seem to listen when spoken to directly (e.g., mind seems elsewhere, even in the absence of any obvious distraction).

4. Often does not follow through on instructions and fails to finish schoolwork, chores, or duties in the workplace (e.g., starts tasks but quickly loses focus and is easily sidetracked).

5. Often has difficulty organizing tasks and activities (e.g., difficulty managing sequential tasks; difficulty keeping materials and belongings in order; messy, disorganized work; has poor time management; fails to meet deadlines).

6. Often avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort (e.g., schoolwork or homework; for older adolescents and adults, preparing reports, completing forms, reviewing lengthy papers).

7. Often loses things necessary for tasks or activities (e.g., school materials, pencils, books, tools, wallets, keys, paperwork, eyeglasses, mobile

8. Is often easily distracted by extraneous stimuli (for older adolescents and adults, may include unrelated thoughts).

9. Is often forgetful in daily activities (e.g., doing chores, running errands; for older adolescents and adults, returning calls, paying bills, keeping appointments).

2. Hyperactivity and Impulsivity: Six (or more) of the following symptoms have persisted for at least 6 months to a degree that is inconsistent with developmental level and that negatively impacts directly on social and academic/occupational activities:

Note: The symptoms are not solely a manifestation of oppositional behavior, defiance, hostility, or a failure to understand tasks or instructions. For older adolescents and adults (age 17 and older), at least five symptoms are required.

1. Often fidgets with or taps hands or feet or squirms in seat.

2. Often leaves the seat in situations when remaining seated is expected (e.g., leaves his or her place in the classroom, in the office or other workplace, or in other situations that require remaining in place).

**3.** Often runs about or climbs in situations where it is inappropriate. (Note: In adolescents or adults, it may be limited to feeling restless.)

4. Often unable to play or engage in leisure activities quietly.

5. Is often "on the go," acting as if "driven by a motor" (e.g., is unable to be or uncomfortable being still for extended time, as in restaurants, meetings; may be experienced by others as being restless or difficult to keep up with).

6. Often talks excessively.

7. Often blurts out an answer before a question has been completed (e.g., completes people's sentences; cannot wait for turn in conversation).

8. Often has difficulty waiting his or her turn (e.g., while waiting in line).

**9.** Often interrupts or intrudes on others (e.g., butts into conversations, games, or activities; may start using other people's things without asking or receiving permission; for adolescents and adults, may intrude into or take over what others are doing).

**10.** Several inattentive or hyperactive-impulsive symptoms were present prior to age 12 years.

**11.** Several inattentive or hyperactive-impulsive symptoms are present in two or more settings (e.g., at home, school, or work; with friends or relatives; in other activities).

**12.** There is clear evidence that the symptoms interfere with or reduce the quality of, social, academic, or occupational functioning.

**13.** E. The symptoms do not occur exclusively during the course of schizophrenia or another psychotic disorder and are not better explained by another mental disorder (e.g., mood disorder, anxiety disorder, dissociative disorder, personality disorder, substance intoxication or withdrawal).



#### 14. Specify whether:

F90.2 Combined presentation: If both Criterion A1 (inattention) and Criterion A2 (hyperactivity-impulsivity) have been met for the past 6 months.

F90.0 Predominantly inattentive presentation: If Criterion A1 (inattention) is met but Criterion A2 (hyperactivity-impulsivity) is not met for the past 6 months.

F90.1 Predominantly hyperactive/impulsive presentation: If Criterion A2 (hyperactivity-impulsivity) is met and Criterion A1 (inattention) is not met for the past 6 months.

Attention deficit and hyperactivity disorder is a treatable condition. Children with attention deficit and hyperactivity disorder will be assessed for disability after the age of six years. Disability will be granted to children who fail to show an appropriate response to treatment and continue to have comorbidity due to ADHD.



# **Specific Learning Disorder**

# **Diagnostic Criteria:**

### Α.

Difficulties learning and using academic skills, as indicated by the presence of at least one of the following symptoms that have persisted for at least 6 months, despite the provision of interventions that target those difficulties:

**1.** Inaccurate or slow and effortful word reading (e.g., reads single words aloud incorrectly or slowly and hesitantly, frequently guesses words, has difficulty sounding out words).

**2.** Difficulty understanding the meaning of what is read (e.g., may read text accurately but not understand the sequence, relationships, inferences, or deeper meanings of what is read).

3. Difficulties with spelling (e.g., may add, omit, or substitute vowels or consonants).

**4.** Difficulties with written expression (e.g., makes multiple grammatical or punctuation errors within sentences; employs poor paragraph organization; written expression of ideas lacks clarity).

5. Difficulties mastering number sense, number facts, or calculation (e.g., has poor understanding of numbers, their magnitude, and relationships; counts on fingers to add single-digit numbers instead of recalling the math fact as peers do; gets lost amid arithmetic computation and may switch procedures).

6. Difficulties with mathematical reasoning (e.g., has severe difficulty applying mathematical concepts, facts, or procedures to solve quantitative problems).

**B.** The affected academic skills are substantially and quantifiably below those expected for the individual's chronological age, and cause significant interference with academic or occupational performance, or with activities of daily living, as confirmed by individually administered standardized measures, comprehensive clinical assessment, or a documented history of impairing learning difficulties by school certificates. (For children aged 10 and below; The deficit in academic performance should be equal to or more than two academic years)

**C.** Assessment tools that have not been standardized to the population of Kuwait will not be considered in the assessment of disability.

**D.** The learning difficulties begin during school-age years but may not become fully manifest until the demands for those affected academic skills exceed the individual's limited capacities (e.g., as in timed tests, reading or writing lengthy, complex reports for a tight deadline, excessively heavy academic loads).

**E.** The learning difficulties are not better accounted for by intellectual disabilities, uncorrected visual or auditory acuity, other mental or neurological disorders, psychosocial adversity, lack of proficiency in the language of academic instruction, or inadequate educational instruction.

**Note:** The diagnostic criteria are to be met based on a clinical synthesis of the individual's history (developmental, medical, family, educational), school reports, and psychoeducational assessment.



## F81.0 With impairment in reading:

- Word reading accuracy
- Reading rate or fluency
- Reading comprehension
- F81.1 With impairment in written expression:
- Spelling accuracy
- Grammar and punctuation accuracy
- Clarity or organization of written expression
- F81.2 With impairment in mathematics:
- Number sense
- Memorization of arithmetic facts
- Accurate or fluent calculation
- Accurate math reasoning



# **Developmental Coordination Disorder:**

## Diagnostic Criteria: F82

A. The acquisition and execution of coordinated motor skills is substantially below that expected given the individual's chronological age and opportunity for skill learning and use. Difficulties are manifested as clumsiness (e.g., dropping or bumping into objects) as well as slowness and inaccuracy of performance of motor skills (e.g., catching an object, using scissors or cutlery, handwriting, riding a bike, or participating in sports).

1. The motor skills deficit in Criterion A significantly and persistently interferes with activities of daily living appropriate to chronological age (e.g., self-care and self-maintenance), and impacts academic/school productivity, prevocational and vocational activities, leisure, and play.

2. The onset of symptoms is in the early developmental period.

3. The motor skills deficits are not better explained by intellectual developmental disorder (intellectual disability) or visual impairment and are not attributable to a neurological condition affecting movement (e.g., cerebral palsy, muscular dystrophy, degenerative disorder).

Children with developmental coordination Disorder will be assessed according to the presence or absence of learning disability.



# **Other Specified Neurodevelopmental Disorder:**

## F88

This category applies to presentations in which symptoms characteristic of a neurodevelopmental disorder that cause impairment in social, occupational, or other important areas of functioning predominate but do not meet the full criteria for any of the disorders in the neurodevelopmental disorders diagnostic class.

The other specified neurodevelopmental disorder category is used in situations in which the clinician chooses to communicate the specific reason that the presentation does not meet the criteria for any specific neurodevelopmental disorder. This is done by recording "other specified neurodevelopmental disorder" followed by the specific reason (e.g., "neurodevelopmental disorder associated with prenatal alcohol exposure").

An example of a presentation that can be specified using the "other specified" designation is the following:



# **Unspecified Neurodevelopmental Disorder:**

## F89

This category applies to presentations in which symptoms characteristic of a neurodevelopmental disorder that cause impairment in social, occupational, or other important areas of functioning predominate but do not meet the full criteria for any of the disorders in the neurodevelopmental disorders diagnostic class. The unspecified neurodevelopmental disorder category is used in situations in which the clinician chooses not to specify the reason that the criteria are not met for a specific neurodevelopmental disorder and includes presentations in which there is insufficient information to make a more specific diagnosis (e.g., in emergency room settings).



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	Valid medical report			
	Vision test			
	Hearing test			
	من عمر (6) سنوات – (13) سنة			
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	<ul> <li>تقریر طبی معتمد</li> <li>اختبار ذکاء</li> <li>تقییم اکادیمی</li> <li>شهادات در اسیة</li> <li>Vision + Hearing test</li> </ul>			
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# Physical disability guidelines In Children

### Cardiac:

Most cardiac diseases in children are congenital malformations or acute illnesses that can be cured or improved by surgical or medical interventions. Assessment is not finalized until all treatment levels are finished

A doctor's note/report declaring the end of interventional treatment with or without maintenance treatment is necessary to evaluate the impact of the disease on the child.

The level of handicap is based on the degree of impact the disease has on the essential activities of the child and his dependence on a caregiver. Also, the need for continuous oxygen supply has a role in the assessment.

The following are some common cases:

Pulmonary hypertension with desaturation that is irreversible may fit in the Moderate to Severe handicap category.

Single ventricle congenital heart disease with complications, desaturation, or with AV valve issues may fit Moderate to Severe (should be reassessed yearly because of fatality).

Acquired dilated cardiomyopathy should not be assessed before at least 8 months after diagnosis to determine the prognosis

Congenital dilated cardiomyopathy is evaluated based on the child's age, ejection fraction, and complications like arrhythmia.

Artificial devices implantation (pacemaker, stent, valve, wire) by itself is not a disability, but complications and residual effects with limitation in essential daily activities are evaluated individually.

## **Respiratory:**

Chronic lung diseases that limit the child's normal life routine and restrict their major activities are graded according to the degree of impact. Cystic fibrosis, although it is a chronic degenerative disease it does not cause disability in childhood unless frequent hospital admissions or severe lung disease complications exist that seriously limit major life activities Asthma is usually not a disability because it is easily treated with medication, but it needs good compliance.

The need for home oxygen therapy is assessed after one year, as many recover after a temporary need.

The permanent need for intermittent/night home oxygen/pressure support is assessed differently from the need for continuous home oxygen.

Tracheostomy and/or ventilator dependence must be assessed after one year to document permanency.

## **Renal disease:**

Many renal diseases are chronic, slowly progressing, or need lifelong supplements, but they do not cause disability/handicap because the patient's functional abilities are not affected, and no limitations on daily activities if he is compliant with treatment.

End-stage renal disease on dialysis that is anticipated to be chronic by the treating doctor is a Moderate disability until the patient gets a kidney transplant.

A kidney transplant that is functioning and stable after 1 year is not a disability, as it does not interfere with the patient's functional abilities and daily activities

Kidney transplant with complications like lymphoma or rejection is assessed after completion of treatment. It is compared to similar conditions like chronic kidney disease or cancer.



The following diseases are most likely to impact the patient's life and limit his functional abilities and cause disability at some point in his life:

Sanjad sakati syndrome: if causing severe growth retardation and the patient is care giver dependent in essential life activities

(may need intellectual/learning evaluation too)

Clean intermittent catheterization to empty the bladder may entitle the patient to disability certificate if needed frequently as every2- 3 hours and the patient is too young and dependent on caregiver, otherwise it is not a disability Congenital nephrotic syndrome: if complicated and has central line and on daily albumin transfusion (until kidney transplant)

## Gastroenterology and liver disease:

Uncompensated, end stage liver disease with symptoms (ascites, poor appetite, hypoalbuminemia...) and frequent hospital visits is a disability until liver transplant. After transplant the assessment depends on presence of complication or rejection and on frequency of hospital visits (more than twice a month is frequent)

Uncomplicated liver disease and post liver transplant stable for 1 year do not fit the disability category, patient can live with no limitation of daily activities

Inflammatory bowel diseases are assessed according to severity of symptoms and its impact on the child's normal activities including school attendance. Assessment is done after treatment and if proven failure to biological treatment

Constipation and chronic diarrhea are not included in handicap definition except in severe cases where patient is incontinent (not only soiling) and on diaper

Chronic enteropathy would fit the disability category if dependent on TPN Gastric tube of Nasogastric tube feeding may entitle the patient a disability degree if it is permanent and solely dependent on tube for feeding



## Endocrine:

Most of endocrine diseases (unless complicated) don't fit the handicap definition as most of them are easily managed by supplements or medications and rarely affect the patient's essential life activities

## Blood diseases and cancer

Hemoglobinopathies and anemias like thalassemia major and sickle cell diseases, and different types of anemia are assessed according to the need for hospital admissions.

Before bone marrow transplant, the disease may impact the essential life activities of a child if he needs frequent hospital admissions for crises (3-4 per year), is on hydroxyurea medication, or transfusions (6 per year). After a bone marrow transplant, the disease is cured and is no longer a disability any more.

Hemophilia and other bleeding tendencies are usually not a disability because the patients are on maintenance medications/transfusions that prevent bleeding and are allowed for most of the normal activities (except contact sports), so it does not interfere with the major life activities.

If a complication occurred (like joint bleeding, it will be assessed by the effect of that complication (motor).

## Leukemia, lymphomas, solid organ cancer

May apply after discharge from the hospital, may be eligible for handicap if the essential activities are restricted.

After completion of intensive therapy, if the patient is stable for one year, then they are not eligible for disability.



## **Bone diseases**

- Osteogenesis imperfecta
- Osteopetrosis

## Neurology

Epilepsy well-controlled on medication doesn't meet disability criteria. Uncontrolled on multiple drugs that affect essential life activities may be eligible for disability certificate.

**Inherited and Metabolic Diseases** 

VLCAD, if diagnosed early and treated, then the patient can have a life without any limitation of essential daily functions.

LCAD severe and limiting the major life function, usually results in a Moderate disability diagnosis.



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(قرار وزاري رقم 204/ع لسنه 2011)



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